

Recreation Classes & Programs • Housing Repair Assistance

# DES MOINES

Winter 2023

CITY CURRENTS

## DMAC Programs and Activities

SEE PAGE 12

## Des Moines Housing Action Plan

SEE PAGE 24

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206-937-3450 | [tony@beansforgiving.com](mailto:tony@beansforgiving.com) | [beansforgiving.com/fundraising](http://beansforgiving.com/fundraising)

# Rec'n Roll



Staff is committed to providing recreational programming to the community, with the goal to safely and intentionally bring back these services. Please check out pages 12–29 of this issue on current programs and classes being offered through Parks, Recreation & Senior Services.

Please check the City's website at [www.desmoineswa.gov](http://www.desmoineswa.gov) for the latest information related to events and programs.



## Winter 2023

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# EMERGE

DES MOINES



We're coming back stronger than ever

As we recover from the pandemic, it's been especially joyful to see kids and families take to the streets again.

With your support since our beginning in 1999, we've been unflinching in our dedication to helping the most vulnerable in our community, be they kids or seniors.

Here's to a happy holiday season!



Building community since 1999 • [www.DMLegacy.org](http://www.DMLegacy.org)

# Council Highlights

## CITY COUNCIL HIGHLIGHTS FROM MAY–OCTOBER ORDINANCE 1760–1761, RESOLUTION 1445–1449

### Approved the Following Action:

- Step Family Day Proclamation
- National Recovery Month Proclamation
- National Preparedness Month Proclamation
- Interagency Reimbursement Agreement IAA23717 Between Washington State AOC and Des Moines Municipal Court
- Acceptance of Washington State Administrative Office of the Courts – Des Moines Municipal Court – Therapeutic Court Grant
- Interlocal Agreement for Joint Supervision of Defendants – Consolidated Supervision Services Between South King County Municipal Courts
- Amendment to Grant Agreement with the Washington State Recreation and Conservation Office, Providing Additional Funding for the Marina’s Guest Moorage Electrical Project
- Amending DMMC 9.68.070 to Update Civil Protection Order Violations, Ordinance No. 1760
- Washington State Opioid Distributor Settlement
- Cash Handling Policy, Resolution No. 1445
- 2023 Budget Dynamics Presentation
- Acceptance of Claims for Damages Acceptance Agents, Resolution No. 1446
- Domestic Violence Awareness Month Proclamation
- Ezra Nehemiah Taylor Proclamation
- Field House Tower Lease Agreement with Dish Wireless

## DES MOINES CITY COUNCIL



**Matt Mahoney**  
Mayor



**Traci Buxton**  
Deputy Mayor



**Gene Achziger**  
Councilmember



**JC Harris**  
Councilmember



**Jeremy Nutting**  
Councilmember



**Vic Pennington**  
Councilmember



**Harry Steinmetz**  
Councilmember

**City Council meets  
1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>  
Thursdays of the  
month at 6:00pm**

*Subject to change*

- 2022 Citywide Pavement Repair Project— Public Works Construction Contract Award
- Adoption of 2023-2028 Capital Improvements Plan, Resolution No. 1447
- LUA2019-0063 Shiferaw Modified Short Subdivision Preliminary Approval Concurrence
- 24th Avenue S Improvement Project, On-Call General Civil Engineering Task Assignment with Parametrix
- Redondo Boat Ramp Boarding Floats - Request to Reject Bids
- South 216th Street Pedestrian Bridge Easement to Wesley Homes Des Moines
- Breast Cancer Awareness Month Proclamation
- Rescinding the COVID-19 Proclamation of Emergency, Resolution No. 1448
- South King Housing and Homelessness Partners 2023 Budget and Work Plan, Resolution No. 1449
- 2022 Des Moines Farmer’s Market Holiday Market Agreement
- City of Des Moines Right-of-Way Procedures Staffing Update
- Small Business Saturday Proclamation
- Quarterdeck Change of Ownership and Lease Agreement
- Emergency Six-Month Moratorium Prohibiting the Submission or Acceptance of Development Applications for New Development in the Business Park Area South of S. 216th Street, Ordinance No. 1761

### Held the Following Public Hearings:

- 2023 Preliminary Annual Budget

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DOULL & KELLY**  
ATTORNEYS AT LAW

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# From the Mayor



By Mayor  
**Matt Mahoney**



By City Manager  
**Michael Matthias**

**I** recently read about the toils and troubles our residents went through to build the Marina in the late 1960's and early 1970's. The project was quite controversial at the time. However today, over 50 years later, I think we can all thank and appreciate the leadership and community for leveraging the City's assets at that time in order to provide us with the marina that our community and the region have enjoyed over recent decades.

It is time once again for the City to have the leadership and courage to leverage the asset of the Marina in order to propel our community forward into something even greater than it is today. By doing so, the Marina will not be eliminated as some attempt to argue, but rather, it will be transformed into something that will serve our community better. This opportunity will benefit the community in the near future and throughout the next fifty or even hundred years. Amenities such as those proposed with the Marina redevelopment: including a hotel, additional parking, Marina steps, a splash park, passenger ferry service, restaurants, shops and more, all in conjunction with access to parks and trails, and thoughtful connections to our downtown restaurants and shops, create and drive quality experiences for our residents and visitors, and promote real opportunity for investment and development within our community.

To move our City forward we will need to do the following:

- Possess the courage to embrace this process.
- Understand we will all have to accept some form of change, and just like in the 1960's, know the outcome will provide a better future for our children and grandchildren.
- Ensure that our marina and the City are attractive and desirable options for investors and developers.
- Welcome and embrace the value of public/private partnerships.

Public/Private Partnerships take many forms. What we have discovered are two essential factors in accomplishing successful outcomes. The first is the need for significant public investment in infrastructure. The second is that the investment in infrastructure can guide the development pattern for private investment.

The success of the venture will largely

---

**Our City leadership and council majority have worked hard over the past 8-10 years to put our City in a position to move forward. All residents will benefit from these actions, not only tomorrow but for the next fifty or hundred years from today.**

---

depend on how well the goals of the public and private sectors are aligned. The private sector is driven (and rightly so) by ROI ("return on investment") and the public sector is driven by expanded economic activity and the creation of "public value."

The City has committed to redeveloping the Marina and with strong

City Council and City Administration support embarked on a comprehensive planning process. In partnership with the Port of Seattle planning grants, the City spent about a quarter million dollars reviewing development options, patterns and financial feasibility.

At the same time that these planning efforts were underway, the City made significant investment in the public sector infrastructure. The north bulkhead needed replacement (\$15 million) as it was on the verge of failing. The City, due to dramatic upgrade in its bond rating, resulting in lower costs of money, issued bonds, utilized cash on hand for capital projects, and received \$4 million from the Washington State legislature to replace the bulkhead. The City is implementing a large-scale dock replacement program that will also change the configuration of the slip mix and provide more aesthetic and efficient moorage options.

This summer the City implemented passenger ferry service between Des Moines and the Seattle waterfront that has been extremely successful in terms of ridership and public enthusiasm. It is noteworthy that bicyclists have used the ferry, transporting their bikes to take advantage of recreational opportunities in Des Moines and Seattle. Ranger Tugs, who provide high quality vessels, also lease dock space at the Marina to display their boats

to the public. The City is designing a landscaped walkway along the Marina frontage to enhance the pedestrian experience.

A wonderful view park was acquired (previously a private residence) providing

*—continued on next page*

## Mayor & City Manager Message, *continued*

spectacular views of the Sound. Historical links to indigenous peoples can be found at the Park. The City worked with local tribes to highlight that connection including tribal development of Native American “story rocks,” placed at the park.

Soundview Park abuts an existing City park, Overlook 2, thereby creating expanded open space and park amenities. The roadway adjacent to Overlook 2 and Soundview, will soon be permanently closed creating an enhanced walkable venue for pedestrians.

The primary Marina redevelopment focuses on creating a Marina Steps structure, similar to Harbor Steps in Seattle that will establish connectivity and access between the Marina and the downtown. It will have a water feature, passable switchbacks to accommodate strollers, walkers and bicyclists opening up the Marina landside to pedestrians. Adjacent to the Steps will be a structure that will have a green roof, expanding open space in an urban environment. The City intends to construct the Steps through a public/private partnership.

Directly adjacent to the Marina is the Des Moines Beach Park, approximately 23 acres of public property with a number of structures that is widely used by organizations, for concerts, weddings and public events. The City, as part of the north bulkhead renovation expanded the promenade to link the Marina to the Beach Park, expanding connectivity and pedestrian access. At the eastern edge of the Beach Park is the trailhead for the Des Moines Creek Trail. The trail, a paved pedestrian and bicyclist venue runs for two miles and then connects to regional trail ways and destinations around Puget Sound.

The new Angle Lake light rail station, adjacent to Des Moines, provides access to Sea-Tac International Airport and Seattle. The City funds a community shuttle between the station and the Des Moines downtown and Marina to enhance multi-modal transportation options.

In the downtown, the City has financed alleyway improvements adjacent to the main road to increase pedestrian access and activate the alleyway with retail and dining opportunities. The alleyway improvements also provide for pedestrian access to the south end of the Marina.

The Des Moines Theater is almost complete with their private renovation creating an excellent artistic venue and new housing in the heart of downtown.

At the south end of the Marina - SR3, the only marine mammal rescue hospital in the northwest - has found a home in Des Moines with significant City assistance.

The end result of these efforts, some complete, some in process and some still to come is to create a walkable venue linking open space, recreation opportunities, and experiential aspects and creating economic development. The vision is for the expanded use of open space and integrating existing amenities and public facilities into a comprehensive development dynamic that supports public value at the same time increasing the value for private sector investment and participation.

Imagine a City thriving, with passengers arriving via ferry or light rail and shuttle service, coming into our downtown, Marina, water fronts, shopping, eating, and visiting our attractions. Enjoying a concert at the theatre, riding bikes on one of our connective trails, enjoying a meal at one of our fine restaurants, or enjoying a sunset at our beautiful Marina. Visualize hotel guests and visitors enjoying their water view and wondering if a nearby condo or home could become their next life choice. Watching laughing children splashing in a spray park, parents enjoying a sunny day, overwhelmed with happiness in knowing they chose a great community to raise their families. This is no pipe dream; this is a realistic outcome.

Our City leadership and council majority have worked hard over the past 8-10 years to put our City in a position to move forward. This has been no easy task and now is not the time to shy away. We must be brave and bold. All residents will benefit from these actions, not only tomorrow but for the next fifty or hundred years from today.

Join us, and more importantly support us as we move to our next chapter.

*Matt Mahoney,  
Mayor and Councilmember*

*Michael Matthias,  
City Manager*

## DES MOINES DIRECTORY

### City Hall

21630 11th Avenue S  
(206) 878-4595

### City Hall Open

Tuesday–Thursday  
9:00am–4:00pm

[www.desmoineswa.gov](http://www.desmoineswa.gov)



### City Council

Matt Mahoney, Mayor	MMahoney@desmoineswa.gov
Traci Buxton, Deputy Mayor	TBuxton@desmoineswa.gov
Gene Achziger	GAchziger@desmoineswa.gov
JC Harris	JCHarris@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov
Vic Pennington	VPennington@desmoineswa.gov
Harry Steinmetz	HSteinmetz@desmoineswa.gov

### City Offices

City Attorney	(206) 870-6553
City Clerk	(206) 870-6552
City Manager	(206) 870-6519
Community Development	(206) 870-7576
Engineering	(206) 870-6522
Facilities Rentals	(206) 870-9370
Finance Director	(206) 870-6532
Marina	(206) 824-5700
Municipal Court	(206) 878-4597
Parks Administration	(206) 870-6527
Police Department	(206) 878-3301
Public Works/Park Maintenance	(206) 870-6559
Recreation	(206) 870-6527
Senior Services	(206) 878-1642

### Other Numbers

Emergency	911
Animal Control	(206) 870-6549
Field House	(206) 870-6527
Fire (non-emergency)	(253) 839-6234
Library, Des Moines	(206) 824-6066
Library, Woodmont	(253) 839-0121
Police Dispatch (non-emergency)	(206) 878-2121

### Utilities and Services

Century Link	(800) 573-1311
Recology King County	(206) 762-4900
Comcast	(877) 778-7008
Highline Water District	(206) 824-0375
Lakehaven Water/Sewer	(253) 941-1516
Midway Sewer District	(206) 824-4960
Puget Sound Energy	(800) 321-4123
SW Suburban Sewer	(206) 244-9575
Water District #54	(206) 878-7210

### CALL BEFORE YOU DIG:

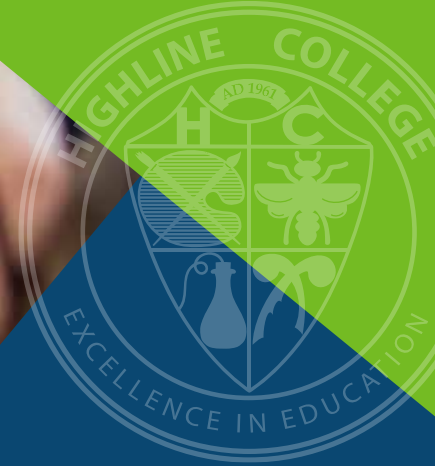
Utility Locates	(800) 424-5555
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**DES MOINES**  
CITY CURRENTS

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# CITY OF DES MOINES

## COMPREHENSIVE PLAN UPDATE

**A**s we look around us, we cannot deny that our beloved Des Moines has been growing and changing over the past few years. Sometimes, you may wonder, whether we have any tools to prepare for growth and to stay ahead of it, and we do.

The Des Moines Comprehensive Plan serves as a roadmap that expresses our community's goals and aspirations for how we want to grow and prosper into the future. Des Moines is required to periodically update its Comprehensive Plan and development regulations in accordance with the Washington State Growth Management Act (GMA) governed by RCW 36.70A. The update is a thorough process in which we review each element of our plan in consideration of new laws, VISION 2050, Countywide Planning Policies and growth targets. Ultimately, we do this because we need to constantly adapt our plans and requirements to better meet the needs of our residents as well as the greater community.

The next periodic review and update of the Comprehensive Plan is underway and must be completed by December 2024. This plan will look 20 years into the future to a planning horizon of 2044. Des Moines has been allocated

new growth targets of 3,800 housing units and 2,380 jobs for the planning period. By proactively planning for growth, we can ensure that our land use, transportation, and infrastructure investments among other essential functions are prepared to guide and absorb growth rather than be overwhelmed in the future after 2044.



The Puget Sound Regional Council provides us with our multicounty planning policies and guidance through Vision 2050. Our city has been designated as a High Capacity Transit Community in Vision 2050. By becoming a more transit-rich community we will help support mobility and reduce the number and length of vehicle trips. Less vehicles on the road not only means less traffic but it also means a healthier environment and a more walkable city.

As a Des Moines resident, your input will be crucial to the success of this plan as it will shape our goals for years to come. We are working on a public participation plan and will provide the community with engagement opportunities. Until then, we welcome you to visit our Comprehensive Plan Update Website: [ImagineDesMoines2044.com](https://www.imagineDesMoines.com)



# WE ARE HIRING!

## JOIN OUR TEAM



## WE NEED LIFEGUARDS AND SWIM INSTRUCTORS



### ENJOY YOUR JOB:

After-school and weekend shifts available. Flexible hours. Some part-time position benefited.

### STARTING PAY:

\$17.38/hr\* (1/1/23)

\*Additional bonus for swim instruction, early morning and Friday night shifts

### REQUIREMENTS:

- At least 15 years old
- Able to or motivated to learn to swim
- Free water training and certifications available

### CONTACT US:

EZ 3-Minute Interest Card  
Click on QR Code



### UPCOMING CLASSES:

We offer lifeguard and swim instructor certification throughout the year. Having both is up to a \$500 value, but free trainings are available with work commitment.

### INTEREST LISTS:

We have interest lists for those who want to get their lifeguard, swim instructor, or lifeguard recertification.

### BENEFITED PART-TIME JOBS:

We have added three Permanent Part-time Lifeguard and one Lead Head Lifeguard positions. These positions will receive 16 percent matching benefits, plus sick leave and vacation pay.

We have great health and retirement options.

We are also a learning organization dedicated to helping staff to get trainings and certifications, including WSI, LGI, LGIT, WSIT, AFO, and more.

**Visit our jobs page for more information**

# Community Emergency Response Team Graduates!

**T**he Cities of Des Moines, Burien and Tukwila partnered to conduct a Multi City Community Emergency Response Team (CERT) Training. Emergency Management Departments, from each City, partnered with their first responders to bring this Emergency Preparedness class back to the community after a two and a half year pause due to the COVID-19 pandemic. Classes were held September 8th through October 13th.

The CERT Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood, or workplace, following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. The CERT program offers a consistent, nationwide approach to volunteer training and organization that professional responders can rely on during disaster situations, allowing them to focus on more complex tasks.

This class of 19 community volunteers completed 21 hours of training followed by a full scale drill that put all of their newly learned skills to the test.

To learn more about CERT go to: [https://community.fema.gov/PreparednessCommunity/s/welcome-to-cert?language=en\\_US](https://community.fema.gov/PreparednessCommunity/s/welcome-to-cert?language=en_US)






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# Programs, Activities and Services at The Des Moines Activity Center



**Des Moines Activity Center**  
**2045 S 216th Street**  
**Des Moines, WA 98198**

**Main: (206) 878-1642**

**Office Hours**

**Monday–Friday: 9am–4pm**

**Closures**

**Thanksgiving**

**Wednesday, November 23–Friday, November 25**

**Christmas**

**Friday, December 23 & Monday, December 26**

**Martin Luther King, Jr. Birthday**

**Monday, January 16**

**Presidents Day**

**Monday, February 20**

.....

**For more information, to schedule an appointment or to register for a trip or class please call the Des Moines Activity Center (DMAC) at (206) 878-1642. You may also email us at [seniors@desmoineswa.gov](mailto:seniors@desmoineswa.gov).**

**During periods of inclement weather, we reserve the right to cancel trips and activities.**

**Additional information can be found on our Facebook page and City of Des Moines webpage at [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior)**

**Refund/Cancellation Policies**

**Cancellations for any fee must be made at least three (3) business days prior to the start of the trip or class for full refund. Program fees will be nonrefundable to registrants if canceled less than three (3) days prior to the start of the trip or class.**

*\*All sales final, no refunds on advance ticket purchases.*

***What's Happening!***  
**Senior Community Events**

***NEW!*** **Celebrate your birthday, anniversary or milestone with us!**

*Every 1st Thursday of the month at 12 noon.*  
 Join us as we celebrate your special day with cake.

**A Full Week of Holiday Fun!**

*December 5 – 8, 2022*

Each day this week we'll have a fun, holiday themed event. Wear your holiday colors. Follow our Facebook page for more information!

- Monday, December 5 – Hot Chocolate Bar and a holiday movie. Showtime is at 12:30 pm.
- Tuesday, December 6 – Hot Apple Cider and a holiday movie. Showtime is at 12:30 pm.
- Wednesday, December 7 – Build a gingerbread house
- Thursday, December 8 – Holiday sweater day

**12 Days of Goodness with Football Legends \$5**

*Monday, December 19, 11 am – 1:30 pm*

The Des Moines Activity Center invites you to The 12 Days of Goodness, to bring joy and touch the hearts of seniors! Together with some of pro football's most legendary players, representatives from Answers for Elders and sponsored by Cadence Living, NFL Legends will be visiting the Des Moines Activity Center. Meet and chat with football Legends, see football memorabilia and wear your Seahawk attire or holiday colors! This event is open to adults 50 plus. Seating is limited, advance ticket sales only. Lunch included.

**Holiday Lunch**

*Wednesday, December 21, 12 pm*

Dining room opens as early as 9 am. Call the DMAC to reserve your seat.

**Pajama Day!**

*Tuesday, December 27*

Wear your pajamas, snuggly robe and cushy slippers!

**Valentine's Day**

*Tuesday, February 14*

**Mardi Gras**

*Tuesday, February 21*

**St. Patrick's Day Celebration**

*Thursday, March 16*

## Day Trips

Registration begins Tuesday, November 29 at 10 am. Explore the Northwest and leave the driving to us!

Age 50+ and travel days vary.

During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays.

### **Fantasy Lights, Spanaway \$25**

*Tuesday, December 6, 4 pm - 9 pm*

Enjoy this 2-mile scenic drive around Spanaway Lake to see the Northwest's largest drive-thru holiday light display; warm and toasty in our heated, comfortable buses. Bring a brown bag dinner, snacks and water.

### **\*\*George Balanchine's The Nutcracker®, Seattle \$85**

*Sunday, December 18, 11 am - 5 pm*

Enjoy magic at McCaw Hall with Tchaikovsky's classic score, gorgeous costumes, astonishing sets, and exceptional dancing - topped off with a picture-perfect lobby experience.

*\*\*All sales final, no refunds on advance ticket purchases.*

### **Seattle Chocolate Factory Tour, Tukwila \$25**

*Tuesday, January 10, 9 am - 3 pm*

Explore chocolate-making machines and the start-to-finish creation of chocolate truffles and bars. Discover the history of chocolate, the untold stories of Seattle Chocolate Company, and learn how they invent new flavors. There is a fair amount of walking involved during the guided tour. Stairs up to the viewing platform and walkway may pose a difficulty to persons with mobility restrictions. We recommend comfortable walking shoes and no dangling jewelry. Lunch at Bahama Breeze, Tukwila following tour.

### **Red Wind Casino, Olympia \$25**

*Tuesday, January 17, 8:30 am - 4 pm*

Something for everyone; gaming, dining or entertainment.

### **Uwajimaya Market, Seattle \$25**

*Tuesday, January 24, 9 am - 2 pm*

Uwajimaya is one of the largest Asian grocery retailers in the Pacific Northwest. Take part in a self-guided tour, explore Uwajimaya Village or dine in their in-store food court. If you're 60 or older, shop from open to 11am for 10%\* off your regular priced purchase!

### **MoPoP, Seattle \$40**

*Thursday, February 2, 8:30 am - 3 pm*

We'll take a trip to this museum dedicated to a broad range of unique, contemporary pop culture exhibits featuring music, sci-fi, fantasy, and more! Lunch on your own at the museum restaurant.

### **The Museum of History & Industry (MOHAI), Seattle \$40**

*Wednesday, February 15, 8:30 am - 3 pm*

Rediscover history and get immersed in the lives and stories that made the Pacific Northwest the unique place it is today. Bring a brown bag lunch or dine at the on-site café.

### **McMenamins Elks Temple, Tacoma \$25**

*Thursday, February 23, 10:30 am - 3 pm*

The 1916 Elks Temple has been restored and reimagined into a vibrant gathering place! Explore and enjoy a no-host lunch at any of the on-site restaurants.

### **Volunteer Park Conservatory, Seattle \$25**

*Thursday, March 2, 8:30 am - 3 pm*

Encompassing five distinct temperate houses the Conservatory showcases a vast variety of tropical and subtropical plant life. Stroll through the stunning Palm, Seasonal, Cactus, Fern, and Bromeliad houses to experience the curated horticultural displays. Bring a brown bag lunch or dine at the Volunteer Park Café, just 8 minutes away.

### **The Seattle Symphony at the IKEA Performing Arts Center, Renton \$25**

*Friday, March 3, 5:45 pm - 9 pm*

The Seattle Symphony returns to the Renton IKEA Performing Arts Center for a concert of new and celebrated music for orchestra. A pre-concert performance will feature students of the Key to Change Studio.

## DMAC WISH LIST

### **We're asking for the following items:**

*Printer copy paper*

*New or gently used bath towels,  
hand and kitchen towels*

*New or gently used cast iron skillet*

*Heavy duty potholders*

*Postage stamps*

*Tissue boxes, Kleenex*

[More Day Trips on next page](#)

## **Little Creek Casino Resort, Shelton \$25**

Thursday, March 9, 8:30 am – 4 pm

Something for everyone; gaming, dining or entertainment.

## **Farm Tour with Farm 12 at The Germaine Korum Center, Puyallup \$25**

Wednesday, March 15, 9 am – 3 pm

Tour the farm at The Germaine Korum Center followed by a no-host lunch at the farm-to-table restaurant, Farm 12.

## **Seattle Asian Art Museum, Seattle \$25**

Friday, March 31, 8:30 am – 4 pm

This 1933 Art Deco building in lush Volunteer Park is SAM's original home and the location of an extensive Asian art collection, making it one of the most beloved treasures in this creative, cultured, and curious city. Bring a brown bag lunch or dine at the Volunteer Park Café, just 8 minutes away.

## **Candle Making at Craftopia, Tacoma \$35**

Tuesday, April 4, 9:30 am – 3 pm

Creators will get the chance to dip their way to making their own candles and paper. We will be using soy and beeswax to dip our own small candles, and turning recycled junk mail into beautiful new paper again. Learn how these things were done before machines, and have fun creating beautiful and useful items. Break for a no-host lunch on your own at any of the surrounding restaurants or bring a brown bag lunch.

## **\*\*Broadway's HAIRSPRAY, Seattle \$95**

Sunday, April 9, 11 am – 6 pm, showtime 1 pm

HAIRSPRAY, Broadway's Tony Award-winning musical comedy phenomenon is back on tour! Join 16-year-old Tracy Turnblad in 1960's Baltimore as she sets out to dance her way onto TV's most popular show.

*\*\*All sales final, no refunds on advance ticket purchases*

## **Stress Free Technology**



### **Basic Smart Phone Settings**

Tuesday, January 17, 10am-11am

Tuesday, March 14, 10am-11am

Bring your fully charged smart phone to class and increase your understanding of your phone settings, menu and contacts.

Limited seating, please call DMAC to register.

## **Health and Fitness**

### **Tai Chi \$60, 4 weeks, 8 classes**

Tuesdays & Thursdays, 1 pm - 2 pm

January 24-February 16

March 7-March 30

Join instructor John Lindsay in this class that blends exercises for health benefits, longevity and fun. This class is broken down into Introductory Levels and Continuation Levels. The class familiarizes students with the basic movements of Tai Chi and explores the 24-pattern sequence. The emphasis is on the no-impact, relaxed flowing movements, which aid in balance, increased strength and vitality. Wear comfortable, loose clothing.

### **EnhanceFitness \$25/4-week series \$7/drop in fee**

Mondays, 9:30 am – 10:30 am

January 9 – February 6, no class on January 16

February 13 - March 13, no class on February 20

March 20 – April 10

EnhanceFitness focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility. Wear your sneakers, bring a towel and bottled water. Enhance Fitness class is free to Kaiser Permanente Medicare Advantage members. Check eligibility with your insurance company.

## **Out to Lunch**

Registration begins Tuesday, November 29 at 10 am.

Ages 50+. Enjoy a no-host lunch at new and old favorite eateries around the Sound. Most trips depart between 10 am - 10:30 am depending on destination and return around 2pm. Limited seating. During periods of inclement weather, we reserve the right to cancel trips. \$15 transportation fee.

### **Bourbon Street Creole Kitchen & Bar – Puyallup, WA**

Friday, December 9, 11:15 am – 2 pm

Cash and Card accepted.

Menu: [www.bourbonstreetpuyallup.com](http://www.bourbonstreetpuyallup.com)

### **The Bistro at Windmill Gardens – Sumner, WA**

Thursday, January 19, 10:15 am – 2 pm

Menu: [www.windmillbistro.com](http://www.windmillbistro.com)

### **Indo Asian Street Eatery – Tacoma, WA**

Thursday, February 16, 10:30 am – 2 pm

Menu: [www.indostreeteatery.com/dinein](http://www.indostreeteatery.com/dinein)

### **Harry's Beach House – West Seattle, WA**

Thursday, March 23, 10:15 am – 2 pm

Menu: [www.harrysbeachhouse.com/lunch-and-dinner](http://www.harrysbeachhouse.com/lunch-and-dinner)



# Are You **READY!**

## Electricity lights up our world!

Think of all the ways we rely on electricity: keeping food fresh, cooking meals, and getting information through the internet or TV. It keeps us warm in the winter, cool in the summer, and connected with each other year round. Oftentimes, we use electricity to play and have fun! Are you and your family ready if disaster strikes and your home is without power?



*How would we see at night without power?*

Help your family build an emergency kit! Collect these items and keep them together in a safe place that you can find easily. Make sure you have enough supplies to last for at least **three days**.

## Emergency Supplies List

- 3-day supply of non-perishable food (dried fruit, canned tuna fish, peanut butter, etc.)
- Can opener
- First aid kit
- Sleeping bag or warm blanket for everyone in your family
- Change of clothes to last 3 days, including sturdy shoes; consider the weather where you live
- Matches in a waterproof container (let a grown up handle these)
- Toothbrush, toothpaste, soap
- Paper plates, plastic cups and utensils, paper towels
- Water – at least a gallon per person, per day
- Battery-powered or hand-cranked radio with extra batteries
- Flashlights with extra batteries
- Cell phone with charger, extra battery and solar charger
- Whistle to signal for help
- Local maps
- Pet supplies
- Baby supplies
- Books, games or puzzles
- A favorite stuffed animal or blanket

*Remember, traffic lights will not work!*

**Go on a quest with your family!  
Create a scavenger hunt!  
Make planning fun!**



<http://www.ready.gov/kids>

## Arts & Crafts

Registration begins Tuesday, November 29 at 10 am

### Beginning Drawing Class \$85

Mondays, January 30 - March 13, 10 am - 11:30 am  
No class on February 20

Develop a love for art and enhance your skills with this 6-week, beginning art class. You'll work on basic color and composition, light sources, landscapes, introduction to human faces and self-portraits in this fun-filled workshop! Supplies included with registration fee. Instructor: Gary Kezele

### Gingerbread House

Wednesday, December 7,  
11 am - 12 pm

Make and decorate a gingerbread house. All supplies provided, while they last.



### Valentine's Day Macramé Hearts \$25

Tuesday, February 14, 10 am - 11:30 am

You'll fall in love with these knotty yet delightfully simple macrame hearts. Creators will learn the basic knotting techniques needed to create the hearts and can turn them into a keychain, wall hanging, or coaster. What's more is this technique can be easily adapted to make many other shapes. Instructor: Cora Wells

### Mardi Gras Arts & Crafts

Tuesday, February 21, 11 am

Decorate a Mardi Gras mask!

### St. Patrick's Day Arts & Crafts

Thursday, March 16, 11 am

### Hand Knitting & Finger Crochet \$25

Tuesday, March 21, 10 am - 11:30 am

Learn to make gorgeous accessories with nothing but yarn and your hands. No experience necessary! Creators will be able to practice both hand knitting and finger crochet to make scarves, belts, or lanyards as well as learn how to stitch them together to make larger pieces. Instructor: Cora Wells.

**Psst.  
Be first  
to know.**

## SIGN UP FOR OUR EMAIL NOTIFICATION SYSTEM



### DON'T MISS OUR EXPANDING SERVICES

As we continue to rebuild our services after Covid-19, sign up and be one of the first to know when programs and expanded services become available



Scan the QR code above and remember to complete the process with the opt-in email you will receive

### COMING THIS WINTER

- New, resident-focused, Swim Lesson Registration System
- Expanded hours and services
- New scholarship program
- PTSA events
- Saturday Special Swims





# Is it fall already? Prepare for rain...

It's that time of year again!

When it comes to storm water, here are some things we can all do to protect our homes, property, and the local environment.

\*\*\*\*\*

**GUTTERS:** Make sure your gutters are clean and working properly. This can reduce the potential for clogged drains and water backups.

**DRAINAGE SYSTEMS:** Understand your property's storm water system. A few common systems used throughout Des Moines are splash blocks, French drains, and dispersion trenches. Any type of system receives runoff from hard surfaces (roofs and driveways) using small basins and perforated pipe buried in gravel. Please contact the City for more information on how to identify and maintain these vital systems.

**BASIN DEBRIS:** Remove debris from basins. As leaves start to fall, make sure they are raked up and disposed of with your yard waste. Leaves and lawn clippings can plug basins and ditches, causing temporary flooding problems.

**DRIVEWAYS & SIDEWALKS:** Sweep driveways and sidewalks. It may take more time than pressure washing, but sweeping allows you to contain contaminants and dispose of them properly in the garbage. As with vehicles, driveways accumulate more than just dirt. Rubber from tires, metal from brake pads, and oil are some of the common things that build up on driveways. It is important to capture as much of these contaminants as possible, so they can be disposed of properly before washing into the Sound.

**PET WASTE:** Dispose of pet waste properly. Pet waste contains pathogens and nutrients that can have a negative impact on storm water runoff and the environment. Before going on walks, remember to bring pet waste bags. Remember to always dispose of pet waste bags into a garbage can.

The City of Des Moines Surface Water Management Department wants to hear from you. We are looking for feedback on what concerns residents have with regard to surface and storm water. Please submit a "Fix-it" form using the QR code above.

## Blueprint for Living

Registration begins Tuesday, November 29 at 10 am. All classes are at no-cost unless stated.

### Caregiver & Grief Support Group

*Every 2nd and 4th Tuesday of the month, 11 am – 12 noon*

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. Caregivers are welcome to bring their loved one, and a volunteer will provide activities for them. No registration necessary.

### Lead Poisoning Prevention

*Monday, January 23, 1 pm – 2 pm*

Even though lead content in products is far more regulated in the United States, there are still many ways in which someone can be exposed to this toxic substance. Join the WA Poison Center for a brief overview of why lead is toxic, who is most vulnerable, common sources of lead exposure in our area and steps you can take to protect yourself and your family.

### Opioids & Opiates: A Discussion of WA Poison Center Trends and Perspectives

*Monday, February 27, 1 pm – 2 pm*

Join us as we explore the basics of opioids and opiates: we will cover the opioids we frequently hear about + common reasons for calling, what we are most concerned about, and top tips for preventing and reducing harm from opioid use.

### Cannabis 101: Current Evidence and Considerations

*Monday, March 27, 1 pm – 2 pm*

Cannabis has been legal in Washington since 2012, but evidence-based information on using cannabis can be hard to find—especially for older adults. The Washington Poison Center will provide an overview of the basic principles of cannabis, including its most studied chemical compounds and common modes of use. Current evidence on short-and long-term health correlations, both therapeutic and harmful, will be discussed, including where (and why!) there are gaps in knowledge. This evidence will be examined through the lens of common older adult conditions, outcomes, and unique considerations.

### Wellness Series of 4– Educational Programming presented by Humana

*Every 3rd Wednesday beginning in January 2023, 10 am – 11 am (Spanish)*

*Every 3rd Thursday beginning in January 2023, 1 pm – 2 pm (English)*

#### 1. Stretch your Grocery Dollars

*January 18 (Spanish) & January 19*  
Many people think eating healthy costs a fortune, but that's not true. There are many ways to save on food and eat well without breaking the bank.

#### 2. Simple Steps to Boost your Immune System

*February 15 (Spanish) & February 16*  
Your immune system is your body's first line of defense against foreign invaders like germs and viruses. Your lifestyle habits may help or harm it.

#### 3. Decompress from Stress

*March 15 (Spanish) & March 16*

Everyone experiences stress from time to time; it isn't entirely avoidable but how you respond to the stress is what matters.

#### 4. Seasonal Allergies: Relief from wheezing and sneezing

*April 19 (Spanish) & April 20*

If you're one of the many people with seasonal allergies; wheezing, sneezing, congestion, a runny nose, and a host of other bothersome symptoms learn more about seasonal allergies and how to find relief.

### Advanced Planning Series of 10- Educational Programming presented by Right At Home

*Every Thursday beginning January 26– March 30, all classes 10am–11:30am*

#### 1. Home Care & Assistance

*January 26*

When to consider Home Care and what can they do for you?

Companionship/

Homemaking: Safety supervision, transportation, and light housekeeping.

Physical Assistance: Ambulation and dressing assistance

Hygiene: Bathing and other personal care services

Wellness: Medication reminders, meal planning & preparation

#### 2. Home Health Services

*February 2*

Home health care includes comprehensive clinical care. From skilled nursing and therapy to wound care, patients can receive a wide variety of treatments at home.

### 3. Estate Planning

February 9

Estate planning for seniors gives peace of mind, as well as helps their family members to be prepared in the event of a loved one's illness or passing. If you or an aging loved one have been putting off estate planning, learn why it's important take the focus off the negative, and shift it to the positive benefits of estate planning for seniors.

### 4. Financial Advisor

February 16

Senior living asset management or retirement asset management is planning for the future. It takes into consideration how your savings after retirement will provide to meet your everyday needs. For this, you need to have a long-term plan for the kind of lifestyle you want to live after retirement.

### 5. Medication Management

February 23

Reduces the risk of medication mismanagement and its associated problems, extends your independence and improves your quality of life, brings peace of mind to family caregivers.

### 6. Senior Placement Agency

March 2

When a senior adult must find a senior living community that is the best fit for their needs, it can be difficult to weed through what the best option for them would be. On top of having to meet specific criteria for many of the senior community care levels, understanding which community is the best personal fit for the senior's lifestyle is also hard to do if you don't know anything about those senior communities. In addition, many areas are saturated with so many choices, each promising great services and amenities, making that decision so much more difficult.

### 7. Retirement Mortgage

March 9

If you are a homeowner or homebuyer aged 62 or older, a reverse mortgage can help you enjoy greater financial flexibility, whether you're in retirement or still working. However, misconceptions about how reverse mortgages work are all too common and they can prevent you or your loved ones from getting valuable information on a versatile financial option.

### 8. Long Term Care

March 16

Long-term care involves a variety of services designed to meet a person's health or personal care needs during a short or long period. These services help people live as independently and safely as possible when they can no longer perform everyday activities on their own.

### 9. Understanding Hospice

March 23

Developing an understanding of Hospice Care is the best thing to do before you decide for your family member. What does hospice mean for your family and loved one?

### 10. Senior's Real Estate Specialist

March 30

The decision to move isn't always easy, especially when you're 50+. An SRES® designee can be your best source for knowledge, understanding and support throughout the buying and selling process.

# Zenith Holland Nursery & Gifts

Open Daily 9am-6pm

Special Holiday Hours: 9am-7pm through December 22

Fresh Cut Christmas Trees

Wreaths & Garland

Seasonal Décor

Poinsettias

Live Christmas Trees

Houseplants

Pottery

Gift Certificates

A photograph of two dogs, one black and white and one white with black spots, sitting on a brown wicker chair. The background shows a nursery setting with various plants and a window. The text is overlaid on the image in a green and white color scheme.

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zenith\_holland@runbox.com • www.zenithholland.com • 206-878-7002 

Be sure to  
visit our new  
gift shop!

## Health & Social Services

### **On-Site Social Worker, Referral Services**

*Mondays, 9:30 am – 1 pm*

No charge, in-person, telehealth and phone appointments. Please call DMAC to schedule your appointment.

### **Foot Care**

*1st & 3rd Wednesdays, 9 am – 12 pm*

\$35 for a 30-minute appointment. Please call DMAC to schedule your appointment.

### **Senior Community Health Screening for Ages 55+**

*2nd Mondays, 9:30 am – 2 pm*

In partnership with POCAAN, free wellness exam. Blood pressure, cholesterol, glucose and nutritional assessment are just some of the services offered. No appointment necessary.

### **Statewide Health Insurance Benefits Advisors (SHIBA) Services**

*3rd Mondays, 10 am – 12:30 pm*

Have questions or need assistance with Medicare? Please call DMAC to schedule your appointment with Ron Lome, SHIBA volunteer.

### **Des Moines Elder Law**

*3rd Thursdays, 10 am – 11:30 am*

Get legal guidance and information in the following: Wills, power of attorney, living will, living trust, estate planning, community property agreements, and/or probate. Please call DMAC to schedule your appointment.

### **Meals on Wheels**

If you need additional food support, Meals on Wheels provides nutritious meal delivery at no cost for people ages 60-plus who qualify. The Senior Center operates this program in coordination with Sound Generations. To sign up or to volunteer, visit [soundgenerations.org](http://soundgenerations.org)

## Pet waste pollutes



Stormwater carries bacteria from pet waste into streams and rivers directly from the land and through storm drains.

**Scoop the poop, bag it and place it in the trash**

## Lunch at the Des Moines Activity Center

### Hot lunch Ages 60+

Monday – Thursday, 12 pm – 12:30 pm.

Dining room open as early as 9 am.

Bring a friend and make a new one as we enjoy a nutritious meal in our dining room. Suggested donation per meal; \$4.50. Please see our Facebook page or webpage [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior) for our current menu.

## MEDICAL LENDING CLOSET

Need a walker, cane, wheelchair or commode? Call DMAC to find out what we have in stock.

OPEN DURING DMAC OPERATING HOURS

## Ongoing Activities

### **NEW!** Brain Games & More

Tuesdays, 10 am – 11 am

For anyone interested in crossword puzzles, word search, Sudoku, puzzles! Try new games and meet new people.

### **NEW!** Adult Coloring Club

Tuesdays, 10 am – 11 am

Get artistic! Color at your leisure and get creative while visiting with friends. Some coloring books, pages and supplies offered for use or bring your own.



### **American Mahjong**

Wednesdays,  
9:45 am – 12 pm

### **NEW!** Pinochle

Thursdays, 10 am – 1 pm

## BEACH PARK EVENT CENTER

Schedule your site tour for your upcoming event and see how the Beach Park Event Center is the perfect location for your next gathering.



[WWW.BEACHPARKEVENTCENTER.COM](http://WWW.BEACHPARKEVENTCENTER.COM)



# Make Sure Your Household Maintenance Practices Don't Result in an Illicit Discharge



It's important to maintain your home, landscapes and cars. Unfortunately, if done incorrectly, some of these maintenance practices could lead to an illicit discharge. Here are some tips to help you keep it green while you clean:

- Dispose of yard waste in a compost bin, yard waste bin or at a collection facility. Never dispose of yard waste in drainage ditches or stormwater ponds, as they interfere with the function of these stormwater facilities.
- Take your car to a commercial car wash or wash it on the lawn so that the wash water drains to a landscaped area. (Make sure to avoid parking over drinking wells or septic systems.)
- When pressure washing homes, garages or sheds, use the lowest setting and aim the wash water to a landscaped area. If possible, avoid using cleaning products and sweep/rake up paint chips to prevent them from entering stormdrains.
- Sweep sidewalks and driveways instead of using pressure washers (place swept up debris in garbage), or aim the wash water to a landscaped area.
- When cleaning carpets, filter and flush dirty water (if on sewer) or filter and spread over landscaped area if you are on a septic system (dirty wash water and cleaning agent can harm your septic system). If you are having your carpets professionally cleaned, ask the company about their wash water disposal policy first.

Following these maintenance tips will help ensure that only rain goes down the drain. For more information or to report an illicit discharge, please contact Michael Posey at 206.870.6565 or email at [mposey@desmoineswa.gov](mailto:mposey@desmoineswa.gov). After hours call hot line 206.550.5612.



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## SUPPORT DES MOINES

### Looking to advertise?

Contact Katie Higgins to discuss how to maximize your exposure to residents in Des Moines.

**206-914-4248**

**[katie@colibrinw.com](mailto:katie@colibrinw.com)**

# Maintaining Your Septic System

**H**ave you had your septic system checked in the last year?

If not, apply now to get up to \$450 for septic maintenance before the rain starts.

If you have a septic system at home, it's good to inspect and pump it regularly—just like you take your car for an oil change! Septic systems are miniature wastewater treatment plants right in your yard and are likely to be “out of sight, out of mind”. However, they're working 24/7 as we use water at home. You should get them checked every 1-3 years to keep them running properly.

An inspection can cost around \$300 to \$500, while replacement or repair of a failing system may cost you tens of thousands of dollars. Septic systems are more likely to fail during the rainy season. Once they do, you'll notice sewage leaking in your backyard or even backing up into your house. This is hazardous to your family's health and your wallet. Take action now to get your septic system inspected before the rain starts pouring to save money and protect your health from contaminated water.

King County is offering a free rebate to eligible properties in Des Moines, Federal Way, Kent, and SeaTac of up to \$450 for regular inspection, pumping, or riser installation. The only qualification is if you live within the program's boundaries – we will not ask you questions about income or other demographic statuses. Visit [www.kingcd.org/oss](http://www.kingcd.org/oss) to see if you qualify. The process is simple, but the benefit is huge—get it done and be headache-free this rainy season.

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CITY OF  
**DES  
 MOINES**  
**HOUSING ACTION PLAN**

Public participation is one of the most important steps in the entire HAP development process. It is imperative that the City gather an equitable representation of the needs of the community to ensure that our most pressing housing challenges are addressed.

[www.DesMoinesHAP.com](http://www.DesMoinesHAP.com)

**T**he City of Des Moines is developing a Housing Action Plan (HAP) to identify strategies, actions, and policy tools to create enough housing options to meet our community's needs. This effort is a result of a grant provided by Washington State Department of Commerce to address the region's housing needs. A Housing Action Plan is a strategic roadmap for a City to follow toward furthering its housing goals and ensuring an equitable approach for acquiring and retaining one's housing.

The City of Des Moines' HAP will identify and prioritize action items that:

- Increase the supply of housing in Des Moines;
- Increase the housing choice options in Des Moines;
- Provide more affordable housing options and tools;
- Reduce displacement and eliminating substandard housing conditions;
- Address the needs of those struggling with homelessness.

The development of the HAP will require significant data collection to understand our baseline housing numbers. As a result, the City has executed a contract with AHBL, a consultant group that has conducted similar housing work for other municipalities. This will result in a deliverable known as the Housing Needs Assessment. This will inform the City, and community, to better strategize the HAP to effectively address the gaps in housing that may exist in our City.

Public participation is one of the most important steps in the entire HAP development process. It is imperative that the City gather an equitable representation of the needs of the community to ensure that our most pressing housing challenges are addressed. This process will inform the City, and community, to effectively address the gaps in housing that may exist in our City.

Developing that HAP will include a summary of the community input received throughout the public outreach and participation process. That summary, along with our Housing Needs Assessment, will highlight key findings and opportunities for the City to strategically align our policies and tools with the community vision.

*To find out more about the City of Des Moines Housing Action Plan (HAP) you can go to [www.DesMoinesHAP.com](http://www.DesMoinesHAP.com) or contact Eric Lane, Land Use Planner II, at [elane@desmoineswa.gov](mailto:elane@desmoineswa.gov) or at 206-870-6558.*



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Des Moines

# **BURNING BOAT FESTIVAL**

Des Moines Beach Park

**NEW YEARS EVE**

**Donate and Buy Tickets at  
[GiveButter.com/BurningBoatFestival](https://GiveButter.com/BurningBoatFestival)**

A benefit for mental health services  
and substance use disorder services.

# RECREATION CLASSES & PROGRAMS

## YOUTH PROGRAMS

### Club KHAOS: Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit! Students will be bussed from Des Moines, North Hill, Marvista, Midway, and Parkside Elementary Schools to the Des Moines Field House, where they will be welcomed into the activities of the afternoon! Participants must be picked up at the Field House before 6 pm or late pickup fees will apply. Pre-Registration is required, 3-5 day options available, you choose the days. Registration opens for upcoming month on the 20th, closes each week Monday at 8 am. Call 206-870-6527 for more information.

#### Prices (Resident/Non-Resident)

One Time Registration Fee: \$30/\$35

Daily Rate; \$20/\$25

Late Registration Fee: \$25 OR \$1/minute until picked up\*

Late Pickup Fee: \$1/minute

#### No Program Days\*\*:

November 11th (Veterans Day)

November 21st-23rd (Conferences)

November 24th-25th (Thanksgiving)

December 19th-Jan 2nd (Winter Break)

January 2nd, 16th (MLK Day)

February 17th (Midwinter Break)

February 20th (President's Day)

March 10th (Conferences)

*\*If an unregistered student arrives at the Field House via bus for Club KHAOS, parents/emergency contacts will be notified immediately by phone and subject to a \$25 late registration fee in addition to the price of registering for the week, OR \$1 per minute until that student is picked up from the Field House*

*\*\*Program Dates & Times Subject to Change due to School District Schedules*



## YOUTH AND FAMILY ACTIVITIES

### Melanie's Dance Unlimited: Dance Classes for All Ages

Join us to learn the art of dance in a positive, structured, and inspiring environment. Our teachers have a rare combination of professional performing careers and college educations in dance that bring our classes to life! Classes take place at the Field House Gym, Melanie's Dance Unlimited's highly qualified instructors vary based on class subject and availability.

Time	Class	Ages	Price
4:30-5pm	Tumbling Tots!	2-4	\$35
5-5:45pm	Preschool Combo (Ballet/Tap/Jazz)	3-5	\$50
5:45-6:30pm	Kids "POP STAR" Jazz/Ballet <b>ALL NEW</b>	5-9	\$50
6:30-7:15pm	Youth Ballet/Jazz Combo Level 2	9-15	\$50
7:15-7:45pm	Youth Tap Dance Multi-Level 2	9-15	\$35

Tuesday Classes, beginning January 10th. Price is monthly and participants must enroll each month.



### Indoor Tot Time (beginning November 8)

Keep your little ones active with age-appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on-hand. Join in the fun and watch them make new friends along the way.

**Ages 0-5 Field House Gym \$3 Drop in, \$25 for 10-visit punch**

**Tues & Thurs Beginning November 8 10am-12pm**

Virtual Punch Cards available for purchase through your online account, over the phone, or in person.

### Play-Well TEKnologies Lego STEM Camp

Winter Wonderland Engineering - Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor. Register online at [www.play-well.org](http://www.play-well.org)

**Monday-Friday Field House 5 Day: \$175**

**Dec. 19th-23rd Ages 6-10 9 am-12 pm**

## Candy Class

The holidays are coming and so is The Traveling Chocolate Company. Join us on a journey into the world of CHOCOLATE and learn to create delicious treats just in time for the holidays. Come learn about the world of chocolate with a hands-on class that will cover how to melt, temper and turn the seeds of a 10,000 years old fruit into delicious candies. Dipping, clustering and decorating are just some of the skills you will practice as you become a candy maker. Great for all ages and abilities bring the whole family and join in the holiday fun.

Dates	Times	Ages	Prices
December 5, 2022	2-4 pm	6-106	\$85
February 6, 2023	2-4 pm	6-106	\$85



## What You Need To Know

### WHERE TO FIND US

Des Moines Field House:  
1000 S 220th St  
Des Moines, WA 98198

Office Hours:  
9am-4pm T-TH  
Subject to Change

Contact:  
(206) 870-6527  
desmoineswa.gov/registration  
recreation@desmoineswa.gov


### HOW TO REGISTER

Online, in person, or by phone.  
Debit/Credit Card Only.

### PHOTO POLICY

 Photos of participants in any program or event may be used in future posts or publications or for promotion of City of Des Moines Parks, Recreation, and Senior Services activities.

### REGISTER EARLY!

 Programs that do not meet registration minimums are subject to cancellation. Participants in programs cancelled for low enrollment will be fully refunded

 FOLLOW US ON FACEBOOK  
@DesMoinesParksandRecreation



**REFUND POLICY** Refunds, less a \$20 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. This fee will be waived if you opt for an account credit instead of a refund to the original form of payment. No refunds issued for programs that cost \$10 or less, programs where admission fee is purchased in advance, or special event registrations. Illness or other extenuating circumstances will be considered on a case-by-case basis. Please email all refund requests to recreation@desmoineswa.gov.

## YOUTH SPORTS LEAGUES

### Spring Youth Recreation Soccer League

Run drills, build skills, and learn how to be a team player in our Youth Recreation Leagues! Volunteer Coaches lead teams in instructional practices and games to hone your young soccer player's skills. Practice and game schedules will depend on field and coach availability; practices will generally be one hour per week on a weekday evening between 4 and 7 pm, and games will be Saturdays for one hour between 9 am and 4 pm. If you have a specific scheduling conflict, please submit a note with your registration and we will do our best to match you with a team that fits your schedule!



#### Age Groups

Age 4-Kindergarten, Grades 1-2 COED, Grades 3-4 COED

#### Price

\$85 Resident / \$95 Non-Resident

#### Dates:

Registration: December 1st - February 17th

First Week of Practices: February 27th

First Saturday Games: March 17th

Last Saturday Games: May 19th\*

\*could vary based on cancelled or rescheduled games throughout the season

For more information about coaching, team sponsorship, and scholarships, please call (206) 870-6527

Scavenger Hunt!  
Trivia! Prizes!  
Beautiful Des Moines Parks!

# SECOND ANNUAL St. Patrick's Day TRIVIA HUNT!

FOLLOW US ON FACEBOOK FOR INFORMATION!

**ADULT ENRICHMENT**

*Dog Obedience Classes fill up quickly. Please register early to reserve your spot!*

**Dog Obedience**

Love your dog but all the chewing, jumping, barking and little “accidents” testing you? Dog Obedience should turn your little “terror” into a well-behaved pet with qualified instruction from Jan Magnuson, Retired Des Moines Animal Control Officer and Champion Trainer. Proof of vaccination is required at first class. Ninety-minute Individual Classes for more specific instruction are also available on a limited basis; please reach out at (206) 870-6527 for more information.

Dogs 4+ mos.	Field House		R/NR
Wed	January 4-25	6-7 pm	\$95/\$105
Wed	February 1-22	6-7 pm	\$95/\$105
Wed	March 1-22 (no class 29th)	6-7 pm	\$95/\$105
M-F	Individual Classes	90 min, TBD	\$250



**SPECIAL EVENTS**

**Breakfast with Santa**

Join us at the Activity Center for a delicious breakfast with a very special guest from the North Pole! Enjoy holiday activities and time for kids to sit down with Santa himself to discuss their holiday wish list. A parent or responsible adult must accompany all children. Photos will be taken at this event and posted to the Parks & Recreation Facebook Page. Pre-registration is required!

Saturday, December 10	Time
Seating 1	9-10:15 am
Seating 2	10:45 am-12 pm
Children: \$8, Adults: \$4, Ages 2 & Under: Free	
Des Moines Activity Center: 2045 S 216th St, Des Moines, WA 98198	

**EGGStravaganza**

Come out to the Beach Park Event Center for a leisurely and fun-filled egg hunt! There will be crafts, contests, prizes, and photo opportunities with the Bunny. Photos will be taken at this event and posted to the Parks & Recreation Facebook Page. Rain or shine, there will be plenty of eggs to find! Pre-registration is required!

Beach Park Meadow	Date	Time
Ages 2-12	Saturday, April 8	9 am, TBD!
Adult accompaniment required for children 5 & under		
Des Moines Beach Park: 22030 Cliff Ave S, Des Moines, WA 98198		

**VOLUNTEER COACHES NEEDED**

Can you make a difference in the life of a young athlete? The answer is YES!

Join us in making our Youth Sports Leagues a meaningful experience for all. If you are interested in coaching, contact us for more info!

**YOU HAVE WHAT IT TAKES**

- 2-4 hours per week during the season
- All supplies, schedules, facilities, and practice curriculum are provided
- There is one mandatory informational Coaches Meeting per season
- Practice schedules are flexible, we work with you and your team to find a time that is good for everyone
- We focus on player growth as a whole, on and off the field or court!

Join us for...

**INDOOR TOT TIME**

Tumbling mats, wheeled toys, building blocks, and more!

**Begins Nov. 8th**

Field House Gym:  
1000 S 220th St.  
Des Moines, WA 98198

Tuesdays and Thursdays  
10am-noon

Children ages 1-5

Buy Drop-in Passes online, by phone, or in person

\$3 per Drop-in or \$25 for Ten Visits

desmoineswa.gov/daysmart

Saturday  
**APRIL 8TH**

**2023**

# EGGStravaganza

**Crafts, egg hunt, refreshments, contests, prizes, Bunny photo opportunities, and much more for kids ages 2-12!**

**More information will be available soon!**

**DES MOINES BEACH PARK MEADOW**

**22030 CLIFF AVE S**

**DES MOINES, WA 98198**



# BREAKFAST WITH SANTA

JOIN US FOR HOLIDAY ACTIVITIES, A DELICIOUS BREAKFAST, PHOTOS WITH OUR SPECIAL GUEST FROM THE NORTH POLE, AND A CHANCE TO DISCUSS YOUR WISH LIST WITH SANTA HIMSELF!

Saturday, December 10th, 2022

**Des Moines Activity Center**  
2045 S 216th St, Des Moines, WA 98198

# Housing Repair Assistance Program

**T**he City of Des Moines is once again providing minor home repair services to City resident homeowners who have “extremely low” to “low” incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County. Services provided include but are not limited to:

**Electrical** – faulty lights, switches, plugs, circuits or exhaust fans

**Plumbing** – faulty toilets, clogged drains, leaking faucets, faulty water heaters

**Disability Aids** – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces

**Safety** – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

**Other** – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

## How do I qualify for these free services?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner’s insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

## How do I apply?

To apply for this program please follow these directions:

1. Request an application by email at [thickey@desmoineswa.gov](mailto:thickey@desmoineswa.gov) or by calling (206) 870-6535
2. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.



# 2021-22 UTILITY BOX PROGRAM



New public art pieces have been installed in five Des Moines, WA locations. Regional artists were encouraged to apply through the Des Moines Arts Commission to showcase their work. Four were awarded the opportunity, and we are proud to reveal them to our community and those driving Des Moines's streets.

More information about the new installations and future opportunities for art can be found at the Des Moines Arts Commission website at: [www.desmoinesartscommission.com](http://www.desmoinesartscommission.com)



**TITLE: WELL HELLO THERE**  
LOCATION: S 216TH ST / PACIFIC HWY S: SW CORNER OF THE INTERSECTION



**TITLE: PINK ICHIMATSU**  
LOCATION: S KENT-DES MOINES ROAD / PACIFIC HWY S: CENTER ISLAND, NE CORNER



**TITLE: BEACH PARK SUNSET**  
LOCATION: KENT-DES MOINES ROAD / MARINE VIEW DR. S: NORTHEAST CORNER



**TITLE: SILVER LINING**  
LOCATION: 21600BLK MARINE VIEW DR. S: EAST SIDE



**TITLE: OCTOPUS**  
LOCATION: 22600BLK PACIFIC HWY S: EAST SIDE



# STAY CONNECTED. STAY ENGAGED. STAY VISIBLE.

**Get in front of your customers  
as they look to help your  
company stay healthy.**

**Des Moines residents want to buy local.**

Des Moines residents are your customers, and they are eager to help local companies weather the current economic situation.

**Make sure they know where to find you.**

Print advertising keeps you in front of your customers as the economy opens and they look to source services and products that they've been waiting months for!

**Contact Katie Higgins today  
to learn more about how  
Des Moines City Currents  
can put you in front of the  
customers you need to reach.**

**[Katie@ColibriNW.com](mailto:Katie@ColibriNW.com)  
206-914-4248**



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