Recreation Classes & Programs • Des Moines Activity Center Activities

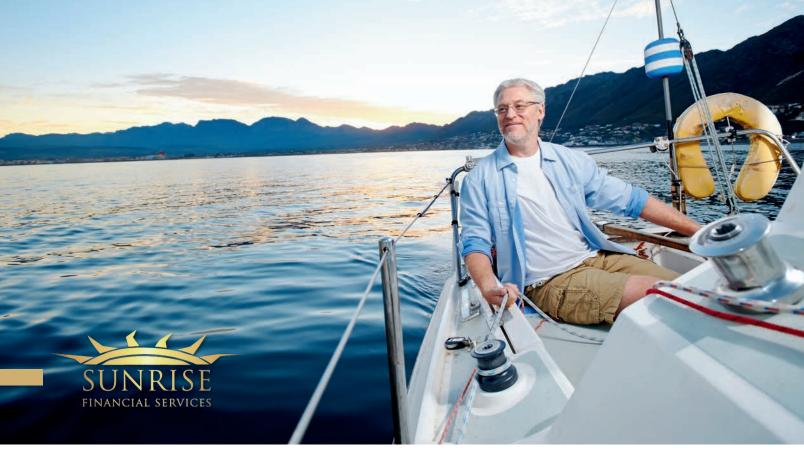
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24th Avenue South Improvements Project SEE PAGE 14

It's Pup Season! How to Help Local Wildlife SEE PAGE 14

Busy Times at the Des Moines Area Food Bank SEE PAGE 16

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Summer 2025 What's Inside

From the Mayor4
Council Highlights6
From the City Manager
Message from Chief Boe10
Comprehensive Plan and Housing Updates
24th Avenue South Improvements Project14
It's Pup Season! How to Help Local Wildlife14
Busy Times at the Des Moines Area Food Bank
Recreation Classes & Programs
Programs, Activities and Services at The Des Moines Activity Center



DES MOINES DIRECTORY

City Hall 21630 11th Avenue S (206) 878-4595 City Hall Open Monday-Friday 8:00am-4:00pm www.desmoineswa.gov



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(206) 870-6559

(206) 870-6527

(206) 878-1642

(206) 812-2737

(206) 870-6527

(253) 839-6234

(206) 824-6066 (253) 839-0121

(206) 878-2121

911

City Council

 Traci Buxton, Mayor
 TBuxton@desmoineswa.gov

 Harry Steinmetz, Deputy Mayor HSteinmetz@desmoineswa.gov
 Gene Achziger

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 GAchziger@desmoineswa.gov

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 JC Harris
 JCHarris@desmoineswa.gov

 Matt Mahoney
 MMahoney@desmoineswa.gov

 Jeremy Nutting
 JNutting@desmoineswa.gov

City Offices

City Attorney City Clerk City Manager Community Development Engineering Facilities Rentals Finance Director Marina Municipal Court Police Department Public Works/Park Maintenance Recreation Senior Services

Other Numbers

Emergency Animal Control Field House Fire (non-emergency) Library, Des Moines Library, Woodmont Police Dispatch (non-emergency)

Utilities and Services

Century Link Recology King County Comcast Highline Water District Lakehaven Water/Sewer Midway Sewer District Puget Sound Energy SW Suburban Sewer Water District #54 (800) 573-1311 (206) 762-4900 (877) 778-7008 (206) 824-0375 (253) 941-1516 (206) 824-4960 (800) 321-4123 (206) 244-9575 (206) 878-7210

CALL BEFORE YOU DIG: Utility Locates

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DES MOINES CITY CURRENTS | SUMMER 2025 | 3





Hello Des Moines! In these unsettling times, it is my deepest hope that you are finding quality time with family and friends, and that you will

enjoy all the ways that

Traci Buxton

your City and its businesses are setting the table for this!

As the summer approaches, please check out our programs and events for seniors and families beginning on page 18.

We also have a summer full of activities planned, from the Farmer's Market, Park Run, and Waterland, to summer concerts, car shows, and the drone show. And, our 225 acres of parks are just waiting to hear the sounds of running feet, splashing water, and shared laughter! As for City business, we are moving forward with some very encouraging projects. One of the most helpful for citizens will be the revamp of our website, allowing for features such as:

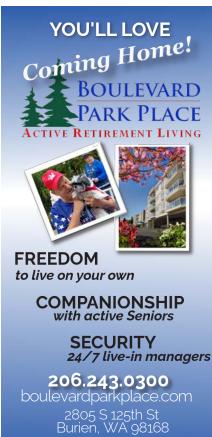
- Enhanced search feature in multiple languages
- Document, calendar, and events search
- Newsletters and subject matter subscriptions
- Ability to conduct community surveys
- On-line payment and account features

Speaking of subscriptions, you can now subscribe to all sorts of information from the City! Go to the City's website and sign up today! On other fronts, we are in the middle of serious work on a long-term strategic plan that will guide our policy, and economic decisions. And, we will soon be gathering a Planning Commission to participate in some of these decisions. We are also conducting professional research in order to determine the best way to increase our resources without going out to the taxpayers. All of these actions have come about because citizens asked.

Last but not least, keep an eye out for work to begin on the Redondo Pier! We have so much good in store for the community!

I'll close with a great seasonal quote from my dear friend, Austin who is now in heaven: "If you need music on the beach, you're missing the point."

Enjoy your Summer!



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Council **Highlights**

CITY COUNCIL HIGHLIGHTS FROM JANUARY 2025–MARCH 2025 ORDINANCE 1817, RESOLUTION 1481

Ordinances:

• No. 1817: Regulating Use of the Redondo Boat Launch

Resolutions:

• No. 1481: South King Housing and Homelessness Partners Funding Allocation

Contracts, Agreements & Task Assignments:

- Barnes Creek Trail South 240th Street
- Senior Center Roof
- · Field House Playground Equipment Upgrade
- Des Moines Creek Estuary Project **On-Call General Engineering Services** Task Assignment with Parametrix
- · 2025 Senior Activity Center Solar Panels
- · Redondo Restroom Replacement

- · Parkside Wetland Cleanup
- Des Moines Memorial Flag Triangle Project
- 24th Ave S Improvements
- Public Works Engineering Building **Basement HVAC Upgrades**

Council Authorizations:

- Consideration to Join K4C King County **Cities Climate Collaboration**
- City of Des Moines Right-of-Way **Procedures Staffing Update**
- 2025 Poverty Bay Blues and Brews Festival Partnership Proposal
- · Boat Launch and Dry Stack Storage Feasibility Study

Proclamations:

- · Black History Month Proclamation
- Day to Remember Master Police Officer Steven J. Underwood Proclamation

DES MOINES CITY COUNCIL





Traci Buxton Mayor

Harry Steinmetz Deputy Mayor







Matt Mahoney

Councilmembe

Yoshiko Grace Matsui Councilmember

JC Harris Councilmember



1st Thursday Council of the Whole starting at 5:00pm; Council Study Session

Jeremv Nutting Councilmembe

2nd and 4th Thursdays Council Meeting starts at 6:00pm

at 6:00pm



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From the City Manager



and I've heard that summer is just around

pring has

the corner—finally,

beautiful weather have

come! (Summer begins

in April in Texas...so this

warmer days and

officially sprung,

By City Manager Katherine Caffrey

actual spring weather is new to me!) I hope you're as excited as I am for all the opportunities we have ahead to connect at community events and enjoy the outdoors.

As your City Manager, one of my main goals is to strengthen our community engagement, ensuring each of you feels heard and involved. This spring, we've taken significant steps forward in that mission. Recently, we posted openings for our new Airport Committee. We're currently reviewing applications and are encouraged by the number of residents eager to take an active role. Looking further into the year, keep an eye out for another opportunity to serve your community: openings on the new Planning Commission. If you're interested in shaping the future of our city, this is an excellent way

to get involved. We'll share more details about the application process soon, so stay tuned!

You may recall last fall we hosted "Coffee with the City Manager" events, which allowed residents and me to meet and enjoy relaxed, informative conversations about what's on the community's mind. Those discussions

were insightful and enjoyable, so this

I hope you're as excited as I am for all the opportunities we have ahead to connect at community events and enjoy the outdoors

summer, we aim to bring that same spirit to the community—but this time outdoors! Beginning this summer, you'll regularly see familiar faces from city staff, including myself, representatives from our dedicated Police Department,

and the fantastic team from Parks & Rec, at the weekly Farmer's Market. We're there to chat, answer your questions, and hear your ideas for improving our community. So please stop by, grab some fresh produce, and say hello!

Additionally, we're excited to announce that

neighborhood pop-up events are planned for the summer months. These casual gatherings will provide an excellent chance to meet city staff, learn about upcoming projects, and connect directly with neighbors in your area. The goal is simple: fostering a stronger, more connected community. We'll share specific dates, locations, and details soon, so keep an eye on our city's social media pages and newsletters.

And...speaking of newsletters, if you haven't signed up yet for our City mailing list, where you can receive the weekly City Manager Report, Emergency Information, or other relevant news directly via email, please do so at: www.desmoineswa.gov

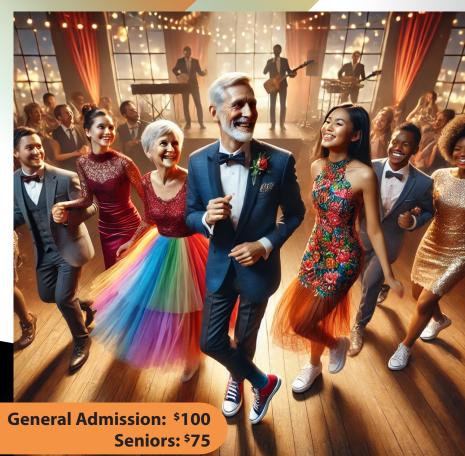
As always, thank you for your continued support and involvement. We look forward to seeing you soon at the Farmer's Market or one of our neighborhood pop-ups!

Katherine C

Katherine Caffrey City Manager 206-870-6519 kcaffrey@desmoineswa.gov



8 | DES MOINES CITY CURRENTS | SUMMER 2025





Bayside SNEAKER BALL

Our Mission

To provide scholarships for youth sports activities

To support senior services

To support the Des Moines Area Food Bank's efforts to feed low-income children



Scan for **TICKETS** and more information

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Message from Chief Boe



O ne of our goals for this year is to utilize grants to improve our equipment and maintain our mental health co-responder position, branded as the Getting

People Services (GPS)

By Chief of Police Theodore Boe

program. Grants are labor intensive both to apply for and report out on. Over the last couple months, we have been successful at achieving two grants towards our goals.

The first successful grant was for the replacement of our body-worn camera systems in the amount of \$77,000. Our cameras are serviced by Motorola and the technology was both out of warranty and no longer supported by the company. Upgrading to the latest technology allows us to provide the best quality images and sound quality, to include low light conditions. The new equipment also will be under factory warranty for the next 5 years, preventing the need to budget for repairs as equipment wears out.

The second successful grant funded our current GPS co-responder, Monica,

for the first half of 2025 in the amount of \$66,000. This award includes her salary, benefits, uniforms and vehicle. By continuing this program, we are able to bring the right response to those in crisis, combining compassion with accountability for illegal behaviors.

This measured approach has shown effectiveness at connecting people to resources and reducing engagement with the criminal justice system.

We will continue to work towards long-term funding for our GPS

co-responder, as well as other valuable public safety funding opportunities. We recently applied for a grant covering the GPS co-responder program through

We will continue to work towards long-term funding for our GPS co-responder, as well as other valuable public safety funding opportunities. 2027 (\$466,000 funding request). In addition to paying the full costs associated with GPS Lara, it includes additional training, technical support and data analysis to show the impacts of the program on crime in our community.

It is our honor to not only provide exceptional service with our general fund budget but also to maximize the use of state and federal grant opportunities.

-Chief Theodore Boe

Let's get this party started We turn 550 550 Sept 15

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Comprehensive Plan and Housing Updates



he City of Des Moines continues to make strides in completing the periodic update to the Comprehensive Plan, which is required every ten years in accordance with the state's Growth Management Act.

Recently, the King County Affordable Housing Committee reviewed the draft Housing Element of the Plan and praised much of the work and policy development that has taken place, stemming from the efforts to produce and adopt a Housing Action Plan. The Committee also pointed out some opportunities for the City to further align the draft with the County Wide Planning Policies document.

Next, the City has contracted with the firm Fehr and Peers to perform the work necessary to update the Transportation Element of the Plan.

We want to ensure the Plan is based on the local community's needs and choices. Your voice is vital! Visit the project website at https://imaginedesmoines2044.com to view drafts, submit your comments, or see upcoming events.



dditional housing units are coming to Des Moines with new House Bill HB 1110 – the Middle Housing Bill! The purpose of HB 1110 is to create more homes for Washington by increasing middle housing in areas traditionally dedicated to single-family detached housing.

Middle housing is defined as buildings that are compatible in scale, form, and character with single-family houses and contain two or more dwelling units. Middle housing types can include duplexes, townhouses, cottage housing, and others. The purpose is to create more homes for Washington by increasing middle housing in areas traditionally dedicated to single-family detached housing.

Visit the website (http://desmoinesmiddlehousing.com/) for more information about middle housing and to stay in the loop about outreach opportunities in Des Moines.



Volunteer fifteen minutes, twice a month, for cleaner waterways and healthier communities. Storm drains flow directly to our creeks and the Puget Sound, acting as a conduit for trash and organic pollutants. Adopt-a-Drain asks residents to adopt a storm drain in their neighborhood and keep it clear of leaves, trash, and other debris to reduce water pollution and help prevent localized flooding.

How to Participate:

1. Visit wa.adopt-a-drain.org.

2. Use your address to find unadopted drains in your neighborhood.

- 3. Create an account and claim your drain.
- 4. Receive tools and supplies from the City of Des Moines.

For more information, contact Michael Posey at mposey@desmoineswa.go

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he City of Des Moines is working on implementing new House Bill EHB 1337 -Accessory Dwelling Unit (ADU) Bill in addition to Middle Housing Bill HB 1110. The purpose of HB 1337 is to expand housing options by easing barriers to the construction and use of ADUs.

An ADU is a dwelling unit situated on the same lot as a single-family home, duplex, triplex, townhome, or other housing unit. ADUs are referred to by various other names, including Mother-in-Law Suites, backyard cottages, Attached Accessory Dwelling Units (AADUs), and Detached Accessory Dwelling Units (DADUs).

It is required by state law that cities and counties in Washington State update their ADU and Middle Housing regulations to comply with HB 1110 and HB 1337 by June 2025.



CALL OR EMAIL TODAY TO FIND OUT MORE ABOUT DATE AVAILABILITY! (206)870-9370 beachparkeventcenter@desmoineswa.gov

24th Avenue South Improvements Project

fter encountering significant delays caused by utility conflicts with Puget Sound Energy (PSE) the City's 24th Avenue South Improvements Project has resumed construction activities. Staff worked closely with PSE to navigate these challenges and find effective solutions.

PSE has recently confirmed that all utility conflicts impacting the City's

proposed improvements have been resolved. As a result, the contractor was directed to restart construction activities on March 24, 2025. The City is aiming for project completion in the fall of 2025, assuming no unexpected circumstances arise.

The City recognizes the impact construction can have and is committed to delivering a high-quality project while minimizing disruption to adjacent residents and business. Thank you to our community for your continued patience and support as we continue the construction activities on 24th Avenue South.

For any questions regarding the project, please reach out to City project manager Khai Le at 206-870-6537.

It's Pup Season! Here's How You Can Help Local Marine Wildlife

Did you know there's a marine wildlife hospital located right here in Des Moines? SR3, a nonprofit working to rescue and protect marine life in the Pacific Northwest, operates the region's only hospital dedicated to these animals.

SR3 serves a total of 3,000 miles of coastline in the Pacific Northwest, and this time of year, that coastline becomes the place harbor seals give birth to their pups. That also means you're more likely to see animals on the beach that may need SR3's help.

What to look for

While it's normal for healthy marine animals like seals and sea lions to spend time on land, they also come ashore when they're sick or injured. A seal in distress may be noticeably skinny, or you might see a visible injury or entanglement. In other situations, it may be less obvious that an animal needs rescuing, like in the case of a harbor seal pup that has been abandoned by its mother. That's why it's best to alert the experts and let them assess the animal's condition.

What to do

If you think you've spotted a marine animal that needs help, follow these important safety measures:

- *Stay back:* Keep yourself and your pets at least 100 yards away (about the length of a football field). You could scare mom off!
- Alert the experts: Call the





stranding hotline at (206) 724-2687 to report your location and what you're seeing.

• *Whatever you do, don't touch:* Even if the animal appears to be in distress, never interact with it, which can cause more harm than good.

What happens next

Based on the information from your call, trained responders will assess the animal's condition. If the animal is in need of care, the responders will contact SR3 to arrange for rehabilitation.

SR3's veterinary experts examine each patient upon arrival to determine the cause of stranding and develop an individualized treatment plan that may include specialized nutrition, medication and even surgical procedures. The goal of rehabilitation is to return these animals to the wild with a second chance. Visit www.SR3.org to learn more.



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Picnic in the Park/FREE lunch & snacks

Sponsored by Des Moines Area Food Bank

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- Bubbles
- Hydroplane painting
 Bounce houses/slides
- Balloon artPopsicles
- Games, games, games

Special thanks to these sponsors







Busy Times at the Des Moines Area Food Bank

hen Jane's young son asks, "What's for dinner?" some days, she tells him, "It's a surprise!" It's a surprise because she does not yet know what she can put on the table that night. Jane is grateful that she can head to the Des Moines Area Food Bank, where she gets a full shopping cart of canned, fresh and frozen foods that she has chosen.

The food bank, located in the Des Moines United Methodist Church (22225 9th Ave S, Des Moines), has served the community for almost 60 years. Families may visit once per month for full service on any Monday, Wednesday, or Friday from 9:00-11:45 a.m. or on the 3rd Tuesday evening from 6:00-8:00 p.m. In addition to regular service, the food

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bank provides supplemental visits for fruits, vegetables, and bread, as well as weekend backpacks for kids during the school year and summer meals during the school break. The food bank also partners with United Way to support weekly home deliveries. All in all, over 6,000 different individuals are served every month. If you are in need of food, please make a visit! (For more info visit www.myfoodbank.org.)

While food bank service has doubled over the past year and a half, even higher numbers are expected with increasing unemployment, rising food prices and drastic cuts planned for SNAP assistance. At the same time, we've seen significant cuts to city, state and federal funding this year. Community support is needed now more than ever, whether through financial donations, donations of food, or volunteering. With your help, Jane can tell her son, "It's a surprise!" instead of saying, "There won't be any dinner tonight."

Des Moines Essentials Bank

Did you know that there's a place where families in need can come to get household items and children's clothing for free? It's called the Des Moines Essentials Bank and it is located in the Des Moines United Methodist Church just down the hall from the Food Bank. The Essentials Bank is a donation-based community resource and provides all items free of charge. If you would like to visit, donate items or volunteer with the Essentials Bank, information can be found on their website at www.desmoinesessentialsbank.org.

Puget Sound Starts Here

HELP PROTECT OUR WATERWAYS

VOLUNTEER FOR THE STORM DRAIN MARKER PROGRAM!

Did you know that storm drains in our community lead directly to our local waterways, such as the Puget Sound? Polluted stormwater can have harmful impacts on fish, wildlife, and humans. But there's something you can do to help! We're looking for volunteers to join our Storm Drain Marker Program and help spread awareness about the importance of keeping our stormwater clean.

As a volunteer, you'll be trained to install markers on storm drains throughout our community. These markers will remind our neighbors that what goes down the drain can have a big impact on our environment. By participating in this program, you'll be taking a proactive step towards protecting our waterways and improving the health of our community.

> Join us in making a difference! To volunteer or learn more about the Storm Drain Marker Program, contact Michael Posey at 206.870.6565 or mposey@desmoineswa.gov.



RECREATION CLASSES & PROGRAMS

Parks & Recreation Programs at a Glance

For Kids

- Summer Camp KHAOS
- Tot Time Pause for Summer!
- Youth Open Gym Basketball
- FREE Sounders RAVE Clinics
- Youth Soccer Fall
- UK Soccer Summer Camp
- Skyhawks Sports Camps
- Melanie's Dance Unlimited

For Adults & Teens

- Good Manners Basic Dog Obedience
- Indoor Pickleball Drop-In Pause for Summer!
- Adult Open Gym Basketball

Contact Us

- Phone: 206-870-6527
- Email: recreation@desmoineswa.gov
- Facebook: @desmoinesparksandrecreation
- Website: www.desmoineswa.gov/daysmart
- Field House Address: 1000 S 220th St. Des Moines, WA 98198
- Field House Office Hours: Monday-Friday, 8am-4:30pm

What You Need To Know

WHERE TO FIND US

Des Moines Field House: 1000 S 220th St Des Moines, WA 98198 Office Hours: Mon-Fri, 8am-4:30pm Evenings based on Programming

desmoineswa.gov/registration

recreation@desmoineswa.gov

HOW TO REGISTER

Online, in person, or by phone.

Contact:

(206) 870-6527

PHOTO POLICY Photos of participants in any program or event may be used in future posts or publications or for promotion of City of Des Moines Parks, Recreation,

and Senior Services activities.

REGISTER EARLY!

Programs that do not meet registration minimums are subject to cancellation. Participants in programs cancelled for low enrollment will be fully refunded

Debit/Credit Card or Check only. will be fully refunce FOLLOW US ON FACEBOOK @DesMoinesParksandRecreation

REFUND POLICY Refund policy differs depending on type of program, time of year, and program fee schedule. Please visit www.desmoineswa.gov and follow the links through the Parks & Recreation Department, Registration Information, and Refund Policy for more information.

YOUTH ACTIVITIES

Camp KHAOS: Kids Having An Outrageous Summer!

Let us fill your child's summer days with play, fitness, friendship and new experiences under the supervision of caring, experienced camp staff. Leaders plan amazing activities, arts and crafts, outdoor games, friendly challenges, weekly field trips and swimming all around a fun weekly theme. It's all here! All participants receive a Camp KHAOS T-shirt. Free daily lunch and snack provided by the Des Moines Food Bank for all KHAOS kids. Participants must be picked up at the Field House before 6pm or late pickup fees will apply. Registration will be on a weekly deposit system: one-time registration fee and then \$10 non-refundable, non-transferrable deposit per week holds your spot. Minimum 3 days/week registration required, you choose the days. Call 206-870-6527 or visit www.desmoineswa.gov/ daysmart for more information.

Summer Care for School Age Children, ages 5-12

- One Time Registration Fee: \$30/\$35
- Daily Rate: \$50/\$55
- Late Registration Fee: \$25 (charged after 12pm Friday before)
- Change Fee: \$25 (for day changes requested after 4:30pm Tuesday before)
- Late Pickup Fee: \$1/minute

Week	Camp Dates	Field Trip Day	Field Trip Activity
1	June 30-July 3 (no camp July 4)	July 1	Police/Fire Demo at DM Marina
2	July 7-11	July 8	Family Fun Center
3	July 14-18	July 16	Seattle Storm Game
4	July 21-25	July 22	Tacoma Rainiers Game
5	July 28-August 1	July 29	Gotcha! Foam Dart Arena
6	August 4-8	August 5	Museum of Flight
7	August 11-15	August 12	Movie Theater, TBD
8	August 18-22	August 19	Waterland Arcade
9	August 25-29	August 26	End of Summer Barbecue at Local Park

Field Trips subject to change with little or no notice





Tot Time Drop-In

Thank you to everyone who brought their littles in to play in our toddler gym during the school year! Our last day will be June 12th so make sure to pay us one more visit before then. We will begin again in the Fall and don't worry, punch passes don't expire!



Keep an eye on our Registration Website for more info: www.desmoineswa.gov/daysmart



Youth Open Gym - Basketball

Exciting news, this drop-in program will continue through the Summer! Keep your basketball skills sharp by putting in some extra hours on the court with your parent, or setting up a pickup game with your friends. No preregistration required!

- Mondays, 4:30-6pm
- Ages: 5-17 w/ Adult Guardian
- \$3.00 drop in, \$25.00 for 10-visit punch pass
- Field House Gym





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1800 SW 152nd Street, Suite 201 Burien, WA 98166 www.kennerdentalgroup.com

YOUTH ACTIVITIES

Seattle Sounders RAVE Foundation Clinics & 1 Day Camp



Join RAVE Foundation and Seattle Sounders FC for free soccer training camps and clinics provided by community coaches. RAVE provides programs that use soccer to foster wellness and inspire joy. Please bring/wear both cleats if you have them as well as flat bottomed, closed toe shoes and a water bottle! All participants receive a FREE soccer ball, so register early at desmoineswa.gov/daysmart to secure your spot!

• Spring Clinic: Thursday, May 1

RAVE Foundation Partner Seatown FC community coaches provide a very basic soccer introduction for your player, whether they've played before or are just starting out!

- 5-7pm, Ages 6-13, Coed
- Midway Park: 29th Ave S & S 221st St, Des Moines, WA 98198





Youth Soccer - Fall

Run drills, build skills, and learn how to be a team player in our Youth **Recreation Leagues! Volunteer Coaches** lead teams in instructional practices and games to hone your young soccer player's skills. Practice and game schedules will depend on field and coach availability; practices will generally be one hour per week on a weekday evening between 4 and 7pm, and games will be Saturdays for one hour between 9am and 4pm. If you have a specific scheduling conflict, please submit a note with your registration and we will do our best to match you with a team that fits your schedule! Coed teams, ages 4y - 4th Grade.

- Registration Open: June 9 – August 1
- \$10 Early Bird Discount: June 9-June 30
- First Week of Practice: September 1
- First Games: September 13
- Last Games: November 1*
- \$95R / \$105NR
- *could vary based on cancelled or rescheduled games throughout the season

1 Day Regence "Build Your Shield" Camp

Sounders Sponsors coaches are trained by RAVE Foundation pros to teach your players how healthy habits like balanced diet, exercise, and breathing can improve your life on and off the soccer field!

- June 27
- 3-6pm
- Ages 7-13, Coed
- Field House Park: 1000 S 220th St, Des Moines, WA 98198

WATERLAND ARCADE

The unlimited free play retro culture experience



Enjoy one of the largest collections of classic arcade games in Washington, unlimited play with admission.



OPEN MON-SAT 12PM-11PM RENT THE ENTIRE ARCADE FOR YOUR PARTY

22306 MARINE VIEW DR. S DES MOINES, WA WWW.WATERLANDARCADE.COM



"This place is Awesome. Well maintained and absolutely the best arcade in all of Seattle."

"Sooo much fun! Great environment for adults and kids! Reasonably priced, and the staff was absolutely awesome!"

"All the game play you like for one low rate. Friendly staff, great music while you game."





10% OFF ADMISSION

YOUTH ACTIVITIES

Skyhawks Sports Camps

Skyhawks is the country's leader in providing a safe, fun, and skill-based sports experience for kids between the ages of 4 and 14. Join us for Basketball, Tennis, and Flag Football as we welcome Summer to the PNW! All Skyhawks programs take place at the Field House unless participants are notified otherwise. Register online today at www.skyhawks.com, you can find our programs by searching for programs in our zip code, 98198. Please note that there will be an additional \$10 registration fee for any registrations within 5 business days of the program start.

• Classes

- 1stDownTots: Tuesdays May 20-June 10, 4:15-4:50pm, Ages 2.5-4, \$69
- Flag Football: Tuesdays May 20-June 10, 5-5:45pm, Ages 5-8, \$69
- Flag Football: Tuesdays May 20-June 10, 6-6:45pm, Ages 9-12, \$69
- HoopsterTots: Wednesdays May 21-June 11, 3:30-4:05pm, Ages 2-4, \$69
- Basketball: Wednesdays May 21-June 11, 4:15-5pm, Ages 5-12, \$69
- Volleyball: Thursdays May 22-June 12, 4:15-5pm, Ages 4-12, \$69
- Tennis: Tuesdays May 27-June 17, 4:45-5:30pm, Ages 4-6, \$69
- Tennis: Tuesdays May 27-June 17, 5:40-6:25pm, Ages 7-10, \$69
- Tennis: Tuesdays May 27-June 17, 6:30-7:20pm, Ages 11-14, \$69

• Camps

- Basketball Mini-Camp: June 25-27, 9am-3pm, Ages 6-12, \$129
- Basketball Mini-Camp: June 25-27, 9am-12pm, Ages 4-10, \$89
- Tennis Camp: July 7-11, 9am-12pm, Ages 6-12, \$149
- Soccer Camp: July 14-18, 9am-3pm, Ages 6-12, \$209
- Soccer Camp: July 14-18, 9am-12pm, Ages 4-10, \$149
- Volleyball Camp: July 21-24, 9am-12pm, Ages 6-12, \$149
- Mini-Hawk Camp: July 28-August 1, Ages 4-7, \$149
- Basketball Camp: August 4-8, 9am-12pm, Ages 8-12, \$149
- Basketball Camp: August 4-8, 9am-12pm, Ages 4-7, \$149
- Tennis Camp: August 11-15, 9am-12pm, Ages 6-12, \$149

SPONSORSHIP OPPORTUNITIES AVAILABLE

Des Moines Parks & Recreation

Youth Sports Team Sponsorship
Ballpark Banner Sponsorship

Advertise your business and support Recreation Programs & Scholarships at the same time! Sponsor a youth basketball or soccer team to have your logo on their jerseys, or work with us to get a 4'x8', fullcolor banner displayed at a local sports facility.

All information and forms can be found at www.desmoineswa.gov under Parks & Recreation and Sponsorship Opportunities.

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UK Soccer Summer Camp

Get ready for a Soccer Camp experience like none other! UK Soccer curriculums are focused on providing every player, under the guidance of their hugely experienced and qualified soccer coaches, with The Best Possible Soccer Experience. The unique combination of nation-wide tested curriculums and coaches from a variety of backgrounds ensures that every child's time on camp is a memorable one. Register today at www.uksoccer.com.

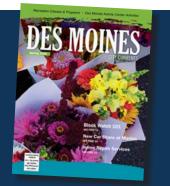
- Camp Dates: July 21-25
- Morning Session: 9am-12pm, Ages 4-14, \$169
- Afternoon Session: 12:30-3pm, Ages 7-14, \$149
- Full-Day Camp: 9am-3pm, Ages 7-14, \$242
- Field House Soccer Fields





Melanie's Dance Unlimited

Join us to learn the art of dance in a positive, structured, and inspiring environment. Our teachers have a rare combination of professional performing careers and college educations in dance that bring our classes to life! Classes take place at the Field House Gym, Melanie's Dance Unlimited's highly qualified instructors vary based on class subject and availability. For pricing, program information and online registration, visit www.melaniesdancers.com!



SUPPORT DES MOINES

Looking to advertise? Contact Katie Higgins to discuss how to maximize your exposure to residents in Des Moines.

206-914-4248 katie@colibrinw.com

ADULT AND TEEN ENRICHMENT

Good Manners - Basic Dog Obedience

Jan Magnuson, owner of Sunstar Dog Training and Retired DMPD Animal Care and Control officer will teach you how to be a "Kind, Calm, Confident Pack Leader" for your puppy or dog. With three different class formats to choose from, your dog is sure to learn some new tricks—young or old!

Good Manners 6 Week Classes are small group classes on Wednesday nights from 6-7pm where you will work on creating a "Leadership Lifestyle" with your dog. Activities build upon the skills learned each week and give you plenty of time in-between to practice your skills at home. 6-week session is \$120R / \$129NR. Register early to avoid being placed on the waitlist!

- Summer A Session: June 25, July 2, 9, 16, 23, 30
- Summer B Session:

August 6, 13, 20, 27, September 3, 10 Individual Trainings are scheduled on a caseby-case basis, and can address persistent behaviors with your pet specifically, or just get you started with a new pet. Jan will tailor a training plan to your family based on information you provide to get you going in the right direction. Please email her at sunstaramericanbulldogs@ msn.com for more information. Single 90-minute sessions cost \$250.

Adult Open Gym – Basketball

This drop-in program is continuing through the Summer! Adult open gym basketball is a time to play pick-up basketball with other members of the community. Drop-ins welcome, no preregistration required.

- Mondays
- 6:30-8pm
- Ages 18+
- \$3.00 drop in, \$25.00 for 10-visit punch pass
- Field House Gym

Pickleball Drop-In

Thank you to everyone who came out and made our pickleball drop-in such a success! Our last day will be June 12th so make sure to pay us one more visit before then. We will begin again in the Fall and don't worry, punch passes don't expire!



Programs, Activities and Services at The Des Moines Activity Center



Des Moines Activity Center 2045 S 216th Street Des Moines, WA 98198

Main: (206) 878-1642 or (206) 870-9370

DMAC Office Hours Monday-Friday: 9:00am-5:00pm

During periods of inclement weather, we reserve the right to cancel trips and activities. Additional information found on City of Des Moines webpage at www.desmoineswa.gov/senior

Closures

- Thursday, June 19: Juneteenth
- Friday, July 4: Independence Day
- Monday, September 1: Labor Day

Refund/Cancellation Policies for Trips and Classes

Cancellations for any fee must be made at least three (3) business days prior to the start of the trip or class for full refund. Program fees will be nonrefundable to registrants if canceled less than three (3) business days prior to the start of the trip or class. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays.

What's Happening! Senior Community Events

Meal Service at the Activity Center

Join us at the Des Moines Activity Center to enjoy a warm, nutritious meal in the company of friends! Hot lunches are available every Monday through Friday, with meals served from 12:00 p.m. to 12:30 p.m. (lunch hours are from 12:00 p.m. to 1:00 p.m.). A suggested donation of \$4.50 per meal is greatly appreciated, as it helps support the expansion of meal services in the future. Explore our current menu by visiting www.desmoineswa.gov/senior.

Meals on Wheels

If you need additional food support, Meals on Wheels provides nutritious meal delivery at no cost for people ages 60-plus who qualify. The Senior Center operates this program in coordination with Sound Generations. To sign up or to volunteer, visit soundgenerations.org.

Matinee Senior Dance

Come party and dance with Randy Litch. One Man Variety Dance Show Band. He plays a wide variety of ballroom dance music for your listening and dancing pleasure.

- Cost: \$8.00
- June 11th 1:00-3:00pm
- August 13th 1:00-3:00pm

Senior BBQ at The Beach Park Event Center (Dining Hall)

Join us for a BBQ lunch at the Dining Hall located at the Beach Park Event Center. Burgers and all the fixings.

- Cost: \$5.00
- Agust 21, 2025
- RSVP required

Volunteer Opportunities

The success of The Activity Center is made possible by the dedication and support of our incredible volunteers. We offer a variety of opportunities for community members to get involved and make a meaningful impact. Roles include assisting in the kitchen, setting up the dining room, serving as a lunch host or hostess, supporting our special events team, and much more. Volunteering not only enhances the programs and services we provide but also fosters a sense of connection and purpose. To learn more about how you can contribute, please contact us at (206) 878-1642. Your time and talents can make a difference!



AARP Smart Driver™ Course

AARP Smart Driver[™] – the newly updated driving refresher course from AARP Driver Safety will be offered at the Des Moines Activity Center The class will be taught by certified volunteer instructor Joel Ferguson. Since 1979, AARP Driver Safety has helped nearly 20 million people stay

safe, educated and confident on the road. AARP Smart Driver course participants will learn:

- Valuable defensive driving skills
- Proven safety strategies
- How to stay current with the latest driving technologies
- The current rules of the road, specific to your community
- How to manage and accommodate common age-related changes in vision, hearing and reaction time

This course now includes new videos and updated course content, so you will have the most up-to date information for your state!

Many participants may be eligible for a multi-year insurance discount after taking the course. Participants are encouraged to check with their insurance agent to see if they are eligible. There are no tests required to pass the course.

The course is open to drivers of all ages and costs \$20 for AARP members and \$25 for non-members. Please call to RSVP.

- June 12 & 13 9:00-1:30 or
- Aug 14 & 15 9:00-1:30





Dr. Bae has been recognized as a "SEATTLE TOP DENTIST" by her peers in the Seattle Metropolitan Magazine



PERSONAL, HIGH QUALITY DENTAL CARE 20710 1st Ave S, Des Moines, WA 98198 | 206-878-8180 | www.vivianbaedds.com

*Class details may change, call DMAC or check DMAC's Facebook page for most up to date information.

Day Trips

Explore the Northwest and leave the driving to us! Age 50+ and travel days vary. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operate alongside school closures and delays. Please note that a minimum of five participants is required for each trip to proceed. **All sales final, no refunds on advance ticket purchases.



Tacoma Rainers Baseball Game

Join us as we Root, Root, Root for the home team. Included in your ticket price will be an all you can eat BBQ lunch and All-inclusive beer, wine, soda, and water

- Date: June 3rd, 2025
- Time: 10:00am
- Cost: \$50.00

Flying Heritage and Combat Armor Museum

The Flying Heritage & Combat Armor Museum is a U.S.A. 501 nonprofit organization dedicated to the display and preservation of rare military aircraft, tanks and other military equipment. No host lunch at Mukilteo Speedway Cafe

- Date: June 5th, 2025
- Time: 9:00am
- Cost: \$30.00

Issaquah Troll Hunt

Meet Jakob Two Trees! Fashioned entirely out of recycled materials, Jakob and the other trolls are largescale public art installations that tell a tale of protecting nature and honoring the land and waterways. No host Lunch at the Issaquah Cafe

- Date: June 11th, 2025
- Time: 10:30am
- Cost: \$20.00

Tenino Depot Museum and Lunch at Lady of the Lake Public House

The museum is housed in the last railroad building that served Tenino. This depot replaced the town's second station which was abandoned when the Northern Pacific Railroad rerouted the Tenino to Tacoma section of it's track. It served passengers until the early 1950's and was used for freight into the 1960's.

- Date: June 18th, 2025
- Time: 12:30
- Cost: \$40.00



Amazon Spheres

People have an innate connection to nature, which is often lost in the urban environment. The Spheres were created to reconnect people to nature through biophilic design and provide a space to take in the positive effects of exposure to nature, like increasing creativity and reducing mental fatigue. Each plant inside The Spheres was chosen from the Amazon Plant Collection and is expertly cared for by members of Amazon Horticulture.

- Date: Saturday June 21st, 2025
- Time: TBD
- Cost: \$25.00

Fort Lewis Museum

Located in the Historic Red Shield Inn building on Joint Base Lewis-McChord (JBLM), the Lewis Army Museum is the only certified U.S. Army Museum on the West Coast. No host Lunch at Farrelli's Pizza.

- Date: June 26th, 2025
- Time: 9:30am
- Cost: \$20.00

Gig Harbor Gondola

Guided gondola tours of Gig Harbor, featuring singing gondoliers and Italian serenades. No host lunch at the Tides Tavern.

- Date: July 1st, 2025
- Time: 10:00am
- Cost: \$75.00

Vashon Island Troll Hunt

Jump on the Ferry and head over to Vashon Island to Meet Oscar, The Bird King Located at Point Robinson Park. No host Lunch at the Hardware Store Restaurant.

- Date: July 9th 2025
- Time: 10:00am
- Cost: \$30.00



Olympia Farmers Market

This market features local farm goods, seafood, and prepared foods, plus vendors and live music.

- Date: July 17th 2025
- Time: 10:00am
- Cost: \$75.00



Crystal Mountain Gondola and Lunch at Summit House

A ride on the Mt. Rainier Gondola will take you over 2,400 vertical feet to the summit where you will find expansive views of Mt. Rainier and the beautiful Cascade Range. You'll also be just a few short steps away from the Summit House, Washington's highest elevation restaurant.

- Date: July 23, 2025
- Time: 9:00am
- Cost: \$70.00

Black Diamond Museum and Lunch at the Black Diamond Bakery/Restaurant

Visit the museum for an unforgettable experience where coal was King.

- Date: July 31st, 2025
- Time: 10:00am
- Cost: \$15.00

Lincoln Park Troll Hunt

Come meet Bruun Idun, newly residing at Lincoln Park! Please note, the troll at Lincoln Park is located down a steep hill. While there is a paved path that leads to the troll and back, we have heard from several people that returning up the hill on the paved path can be very strenuous for some. Please keep this in mind.

- Date: August 7th, 2025
- Time: 11:00am
- Cost: \$20.00

Tulalip Casino

Dive into the most exciting games, from state-of-the-art slots to diverse table action.

- Date: August 14th, 2025
- Time: 9:30am
- Cost: \$20.00

Boeing Factory Tour

Step inside the world's largest factory for a behind-the-scenes look at the Boeing Everett Factory and 777/777X assembly line. Each tour is an 80-minute guided experience with a front row view of current airplane production, the Everett site's history and the central role it plays in the future of commercial aviation.

- Date: August 18th, 2025
- Time: 10:00am
- Cost: \$45.00

U.S. Naval Underwater Museum

The United States Naval Undersea Museum is a naval museum located at Keyport, Washington. It is one of the 10 Navy museums that are operated by the Naval History & Heritage Command. It sits next to a branch of the Naval Undersea Warfare Center.

- Date: August 29th, 2025
- Time: 10:30am
- Cost: \$20.00

BeansForSharing.com



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Shop & Support: Get low prices!

30% or more goes to these Beneficiaries:

- Lighthouse N.W. www.lighthousenw.org Breaking the cycle of domestic abuse one relationship at a time.
- UPC's Save Our Children Junior Camp + so much more...
- Hope Church-Des Moines, WA Loving & Serving Jesus + People Outreach programs. Des Moines
- Hope Church NW-Renton, WA Loving & Serving Jesus + People-Outreach programs. Renton, WA
- KIWANIS CLUB of Helena Montana Improving The World One Child at a time. Chartered in 1921,

Your Organization should be here too! Art Review Magazine Club-Big Brether Big Steter Club-Book-to-Morie Club-Boy Scotts-Girl Scotts-Charl Club-Chester Club-Children's Horgital Volunteer Club-Comice Book Club-Cooking Club-Cuteral Exchange Club-Debate Club or Moet Trial-Entropreneurship & Scotts-Girl Club-Managine Club-Scotter Club-Scotter Club-Managine Club-Scotter Club-Scotter Club-Managine Club-Scotter Club-Managine Club-Scotter Club-Scotter Club-Scotter Club-Scotter Club-Scotter Club-Scotter Club-Scotter Club-Scotter Scotter Scotter



*Class details may change, call DMAC or check DMAC's Facebook page for most up to date information.

Ongoing Activities

Ongoing activities are at no cost. Donations are accepted.



American Mahjong

Join us for American Mahjong every Wednesday from 12:00 p.m. to 2:00 p.m. Whether you're an experienced player or just learning the game, enjoy a friendly and fun afternoon of strategy and connection. It's free, so bring your enthusiasm and join the table! Come Learn to Play Mahjong from our expert players-Wednesday, June 4th, 2025 10:00am

Hand and Foot

Play your cards right every Monday at the Des Moines Activity Center from 11:00 a.m. to 2:00 p.m. with Hand and Foot, a classic and exciting card game! Whether you're a seasoned player or new to the game, all are welcome. No partner? No problem! Drop in for fun, strategy, and great company.



Adult Coloring & Painting Club

Unwind, get creative, and connect with friends! Join us every Tuesday from 10:00 a.m. to 11:00 a.m. at the Des Moines Activity Center for an hour of coloring and painting at your leisure. Supplies, including coloring books and pages, are provided.

The Fun Zone

Relax, create, and socialize at The Fun Zone! We're open Monday to Friday from 9:00 a.m. to 5:00 p.m. Discover a variety of crafts, puzzles, games, and more in a friendly environment where you can spend time with friends or meet new people. And the best part? It's completely free! We always welcome office supplies, puzzles, games, or craft materials donations. Come join us and turn every visit into a new adventure!

Out to Lunch

Ages 50+. Enjoy a no-host lunch at new and old favorite eateries around the Sound. All lunch/dinner outings will be considered as walkins and may or may not be seated in a group setting. May be subject to restaurant's automatic gratuity charge. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operate alongside school closures and delays. \$15 transportation fee.

Estimate of entrée and/or appetizer, exclusive of drinks and tips. Please review restaurant menu.

\$ = \$25 and under \$\$ = \$25 to \$40 \$\$\$ = \$40 to \$55 \$\$\$\$ = \$55 and over

Ranch House BBQ \$\$

- Tuesday June 24th, 2025
- Time: 11:00am
- Menu: www.ranchhousebbq.com

Woven Seafood and Chophouse \$\$

- Monday, July 14th, 2025
- Time: 11:00am
- Menu: eatwoven.com

Alderbrook Resort and Icecream at the Union Country Store \$\$

- Tuesday July 29th, 2025
- Time- 10:30am
- Menu: www.alderbrookresort. com/culinary/the-restaurant

Stanley and Seaforts (Dinner Outing) \$\$-\$\$\$

- August 12th, 2025
- Time- 4:00pm
- Menu:
- www.stanleyandseaforts.com

The Fish Peddler \$\$

- Tuesday August 26th, 2025
- Time: 11:30
- Menu: www.pacificseafood. com/contact-us/retail-locations/ tacoma-fish-peddler

Health and Fitness

During periods of inclement weather, we reserve the right to cancel classes and activities. Please listen for the Highline School District report as we operation alongside school closures and delays.



EnhanceFitness

22307 Dock Ave S

Energize your week with Enhance Fitness! This dynamic class, which costs just \$25 for a four-week series or \$7 per drop-in, combines cardio, strength training, and flexibility exercises to improve health and vitality.

• Mondays 9:00am-10:00am



Tai Chi

Join instructor John Lindsay for a class that combines health-enhancing exercises focused on fun and longevity. This course features both Introductory and Continuation Levels, introducing students to fundamental Tai Chi movements and the 24-pattern sequence. The focus is on gentle, flowing movements that promote balance, strength, and vitality without impact. Please wear comfortable, loosefitting clothing. Come experience your first class for free; what are you waiting for?

- Tuesdays & Thursdays 1:00pm-2:00pm
- Cost: \$60, 4 weeks, 8 classes



Health & Social Services

All services are at no cost unless stated.



Foot Care

Take care of your feet with our Foot Care services, available every 2nd and 4th Friday from 9:00 a.m. - 1:30 p.m. Appointments are 30 minutes long and cost \$40. They offer personalized care to keep your feet healthy and comfortable. Our skilled provider will help with nail trimming, callus care, and overall foot health in a relaxing and welcoming environment. Call DMAC today to schedule your appointment and give your feet the attention they deserve!

Caregiver & Grief Support Group

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary.

- Every 2nd & 4th Tuesday of the month
- Time: 11 am 12 pm

Des Moines Elder Law

Need legal guidance? from expert advice on wills, powers of attorney, living wills, trusts, estate planning, community property agreements, and probate. Appointments are required. Call DMAC today to schedule yours and gain peace of mind about your future.



Special Events

Opening Day ~ June 7 Senior Day ~ July 12 Family Day ~ Aug. 30 Dog Days ~ Sept. 6 Harvest Festival - Sept. 27

2 hr parking validation with market purchase

Locally Grown Produce Plants & Honey Artisan Foods & Food Trucks Crafters

Open Saturdays

10am to 2pm

June 7 - Sept. 27, 2025



Des Moines Waterfront 22307 Dock Ave S Des Moines, WA 98198 www.dmfm.org



Statewide Health Insurance Benefits Advisors (SHIBA) Services

Need assistance with Medicare? Our knowledgeable SHIBA volunteer is available every third Monday from 9:00 a.m. to 12:00 p.m., offering free, unbiased guidance to ensure you have the information you need to make confident decisions. Please call to make an appointment.

Senior Community Health Screening (POCAAN)

Take charge of your health with free Senior Community Health Screenings every second Monday from 10:00 a.m. to 1:30 p.m.! Services include vital checks, glucose testing, and nutritional assessments. Need a medication review? Please give us one week notice so we can notify the POCAAN team.

Medical Lending Closet

A medical lending closet is a valuable community resource that provides essential medical equipment to individuals in need, free of charge. Our closet offers a wide variety of items, including walkers, shower chairs, wheelchairs, and commodes, ensuring that people facing temporary or longterm mobility or health challenges have access to the tools they need for daily living. All items are loaned out at no cost, although donations are graciously accepted to help us maintain and expand this service. Whether recovering from surgery, managing an illness, or supporting a loved one, the medical lending closet is here to provide support and make life a little easier.



SudSafe Car Wash Kit

PROTECT OUR LAKES & STREAMS - ONE WASH AT A TIMF!



Storm Drains convey water through the public stormwater system to the nearest stream or lake without treatment. It's important to keep vehicle wash water from entering storm drains because detergents, oils, and heavy metals can be toxic to aquatic life. The SudSafe Car Wash Kit captures wash water before it enters the storm drain and pumps it to either a grassy area or the sanitary sewer. Using this kit helps to protect the water quality of our lakes and streams.

Note: It is a violation of Des Moines Municipal Code Chapter 11.20 to allow polluted vehicle wash water to enter a public stormwater system.

SAFETY PRECAUTIONS



Use the GFCI Shock Protector Water and electricity are a dangerous mix -



hoses

always keep cords away from puddles and Lift the grate carefully — it's heavy.

Grates are heavy and the basin is deep. Lift with caution.



Watch your step.

Don't fall into or drop anything into the basin.



Parental supervision is recommended.

Always have an adult present during setup and use.

Give yourself space.

Make sure there's enough room between vehicles and the SudSafe Kit.

HOW TO USE SAFESUD:

Remove Grate



Use the hook to lift and slide the grate away.

Place Tub

Set Cones

Put the SudSafe tub into the storm drain.



Place traffic cones around the area.



Connect Pump

Attach the hose and cord to the pump, then place the pump in the tub.

Route Hose

Direct the hose to a drain, sink, or grassy area

Plug In

Plug the cord into the GFCI and a power outlet.

Monitor

Check the hose and make sure the system is working.



Conserve Water

Use a spray nozzle on the hose.

Clean Up

Drain the hose, pack the kit, replace the grate, and clean up.

Questions? Contact Casey Zaputil

206-742-8109



CZaputil@DesMoinesWA.Gov

Seattle Christian

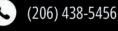
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