

# DES MOINES

Spring 2025

CITY CURRENTS

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## DES MOINES DIRECTORY



**City Hall**  
21630 11th Avenue S  
(206) 878-4595  
**City Hall Open**  
Monday–Friday  
8:00am–4:30pm  
[www.desmoineswa.gov](http://www.desmoineswa.gov)

**City Council**

Traci Buxton, Mayor	TBuxton@desmoineswa.gov
Harry Steinmetz, Deputy Mayor	HSteinmetz@desmoineswa.gov
Gene Achziger	GAchziger@desmoineswa.gov
Yoshiko Grace Matsui	YGraceMatsui@desmoineswa.gov
JC Harris	JCHarris@desmoineswa.gov
Matt Mahoney	MMahoney@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov

**City Offices**

City Attorney	(206) 870-6518
City Clerk	(206) 870-6552
City Manager	(206) 870-6519
Community Development	(206) 870-7576
Engineering	(206) 870-6525
Facilities Rentals	(206) 870-9370
Finance Director	(206) 870-6510
Marina	(206) 824-5700
Municipal Court	(206) 878-4597
Police Department	(206) 878-3301
Public Works/Park Maintenance	(206) 870-6559
Recreation	(206) 870-6527
Senior Services	(206) 878-1642

**Other Numbers**

Emergency	911
Animal Control	(206) 812-2737
Field House	(206) 870-6527
Fire (non-emergency)	(253) 839-6234
Library, Des Moines	(206) 824-6066
Library, Woodmont	(253) 839-0121
Police Dispatch (non-emergency)	(206) 878-2121

**Utilities and Services**

Century Link	(800) 573-1311
Recology King County	(206) 762-4900
Comcast	(877) 778-7008
Highline Water District	(206) 824-0375
Lakehaven Water/Sewer	(253) 941-1516
Midway Sewer District	(206) 824-4960
Puget Sound Energy	(800) 321-4123
SW Suburban Sewer	(206) 244-9575
Water District #54	(206) 878-7210

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**DES MOINES** CITY CURRENTS  
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## From the Mayor



By Mayor  
Traci Buxton

**S**pring is almost here, and we are gearing up for a year full of events and opportunities for the community to gather and celebrate! From the Polar Plunge (January 1) to Burning Boat (December 31), we want to ensure that all residents, from every culture, every interest, young and old, have an opportunity to come together in a festive atmosphere to celebrate, and also to learn and gather support for others who struggle.

That is why we have just hosted our first annual Non-Profit Summit! Building bridges and sharing information were our cornerstones.

The City gathered together organizations and businesses who conduct (or would like to conduct) events that support our citizens, promote our economic vitality, or simply create fun. By meeting together and sharing information, our events will be more organized, safe, meaningful, and collaborative.

In the following pages, check out the fun that Spring already holds for Des Moines, and mark your calendars! There will be Lifelong Learning Lecture Series, Spring Soccer Sign-ups, St. Patrick's Day Trivia Hunt, Eggstravaganza, and more!

And, don't forget to check out the City Manager's weekly report that always offers timely information

and a plentiful list of fun things to do around town.

If you are interested in the issues the Council is discussing, take a look at page six, or, for future meeting topics, click on our futures page on our website.

If you would like to connect with me or discuss topics of interest, please feel free to reach out at [tbuxton@desmoineswa.gov](mailto:tbuxton@desmoineswa.gov). I want to hear from you!

*Spring promises that new life is sure, no matter how old you are.*

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# Council Highlights

## CITY COUNCIL HIGHLIGHTS: NOVEMBER 2024–JANUARY 2025 ORDINANCE 1806–1816, RESOLUTION 1477–1480

### Council Approval:

- City of Des Moines Mission, Vision, and Values
- 2025 Legislative Priorities

### Ordinances:

- No. 1806 and 1807: 2025 Property Tax Levies
- No. 1808: 2024 Annual Budget Amendments
- No. 1809: Water District 54 Franchise Amendment
- No. 1810: Square Footage Tax
- No. 1811: 2024 Annual Budget Amendments

- No. 1812: Suspending Restriction on use of One-Time Revenue for 2025 and 2026
- No. 1813: 2025-2026 Biennial Budget
- No. 1814: Telecommunications Franchise Agreement with Ezee Fiber
- No. 1815: Telecommunications Franchise Agreement with Ziply Fiber
- No. 1816: Transportation Impact Fee Reduction for Early Learning Facilities

### Resolutions:

- No. 1477: SB 5290 Local Project Review Requirements
- No. 1478: Support of Redondo Boat Ramp Grant Application
- No. 1479: Public Records Fee Schedule Update
- No. 1480: Surplus Property – Vehicles

### Interlocal Agreements:

- Interlocal Agreement for Coordinated SAMP Review
- StormFest Interlocal Agreement

### Council Authorizations:

- Marina Vehicle Charging Station Agreement
- Senior Activity Center Solar Power Grant Acceptance
- Co-Responder Grant Award
- Des Moines Marina Steps Project Bid Rejection

### Contracts, Agreements & Task Assignments:

- Bird Deterrent Ball Purchase
- Marine View Drive Pond Retrofit
- Sound Transit Contract Amendment
- Hemstad Consulting Contract Renewal - Amendment #3

## DES MOINES CITY COUNCIL



**Traci Buxton**  
Mayor



**Harry Steinmetz**  
Deputy Mayor



**Gene Achziger**  
Councilmember



**Yoshiko Grace Matsui**  
Councilmember



**JC Harris**  
Councilmember



**Matt Mahoney**  
Councilmember



**Jeremy Nutting**  
Councilmember

**City Council meets**  
**1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>**  
**Thursdays of the**  
**month at 6:00pm**  
*Subject to change*

- Redondo Fishing Pier Replacement Project – Amended Task Assignment for Consultant Design
- 6th Place/287th Street Pipe Replacement Project Consultant Contract and Grant Award
- Award of Contract for the Des Moines Marina Dock Replacement Phase 1 – L, M, N Docks Project to Quigg Bros. Inc
- 2025 Vehicle & Vector Truck Purchase
- 2025 and 2026 Human Services Advisory Committee Funding Recommendations
- 2025-2026 Recycling Program Grant Funding

### Proclamations:

- Small Business Saturday Proclamation
- Human Trafficking Awareness Day Proclamation
- Korean American Day Proclamation

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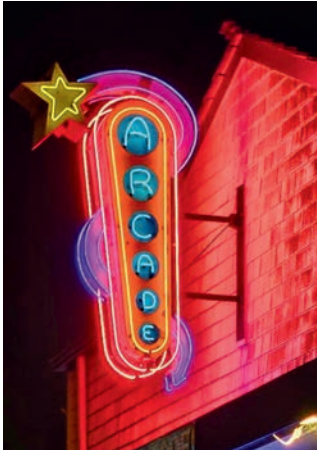
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# From the City Manager



By City Manager  
**Katherine  
Caffrey**

**D**ear Des Moines Community,

By the time this issue of *Currents* reaches your mailbox, I will have been on the job for just over three months! It's been a whirlwind since I started, and I'm finally beginning to feel a bit settled—no longer depending on GPS to get around, which feels like a huge success.

Over the past few months, I've enjoyed meeting community members and business owners who live and work in Des Moines. One of the most significant concerns I've heard about is the need for better communication and community engagement. My sincere goal is for you to feel informed, heard, and involved in the decision-making processes that shape our city. To this end, we are implementing several measures to connect with you better and

provide more accessible and meaningful opportunities for engagement.

First and foremost, we will be overhauling and redesigning the City website to serve as a comprehensive hub for information and updates, while also being easy to navigate. Whether you need details about city services, upcoming events, or public projects, our goal is to make this information easy to find. The website will include options for you to provide feedback by reporting concerns or alerting us to an issue in the community.

In addition to utilizing digital tools, we recognize how valuable face-to-face interactions can be. Last fall, we hosted three "Coffee with the City Manager"

events, and we are exploring new ways to engage in person in 2025. I have enjoyed attending several neighborhood association events and community group meetings. Please feel free to reach out if you would like me to attend

one of your group meetings.

We are also enhancing our use of social media platforms to provide real-time updates and regular communication.

If you don't already follow us on Facebook, we

encourage you to do so! You can find our page under "City of Des Moines, Washington." Each week, I share a City Manager Report that includes news from City Hall, upcoming events, and other relevant information for you. In 2025, we plan to transform this report into an electronic newsletter delivered directly to your inbox! By following us on social media, you'll learn how to sign up once we develop this feature.

Another key focus area is increasing transparency around city budgeting and finances. This past fall, the City held its first Budget Town Hall, and we plan to continue and expand this practice in the future.

Lastly, I want to emphasize that community engagement is a shared journey. We can achieve much more when we work together. Whether you choose to attend public meetings, participate in City programs, or simply share your ideas with us, your involvement makes a difference. Please don't hesitate to reach out with any questions, ideas, or concerns. My door—and our city government—is always open to you.

---

*Community engagement is a shared journey. We can achieve much more when we work together.*

---

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Katherine Caffrey  
City Manager  
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kcaffrey@desmoineswa.gov





# 2025 SNEAKER BALL

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- Enrich lives through arts and cultural events



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June 14, 2025



# From the Chief of Police

**I**t is an honor to be entrusted to lead the Des Moines Police Department. In my short time as your chief, it is clear that you have a very special police department serving Des Moines. The men and women on the front lines in uniform and the civilian employees supporting them are driven by an exceptional sense of service to our community. Currently your police department consists of 19 patrol officers, 5 detectives, 7 sergeants, 2 court security marshals, 6 records custodians, 1 community service officer, 1 evidence technician, 1 code enforcement officer and 1 mental health co-responder. Collectively, they respond to nearly 19,000 calls for service from our community every year.

As a department, we will commit to three guiding principles for our work, keeping all of them in balance and recognizing that all three are a requirement to do this job well:

**Fighting Crime;** We will fight crime proactively and reactively by addressing all criminal behaviors in our community and by always doing our jobs to the best of our ability.

**Building Trust;** We will work hard to find a way to “yes.” We will appreciate that policing is a team sport requiring involvement from all of our community and we will commit to professional interactions internally and with all our customers.


**Supporting Each Other;** We recognize that being healthy is a balance of financial, mental, spiritual, physical and relational health. In order to serve others well, we need to prioritize the health of our staff.

In future issues of *City Currents*, I will discuss crime trends, crime prevention techniques, how we are engaging our community and where you can participate in shaping your police department today and in the future. Thank you again for your trust and warm welcome to the city of Des Moines.

—Theodore A. Boe, Chief of Police







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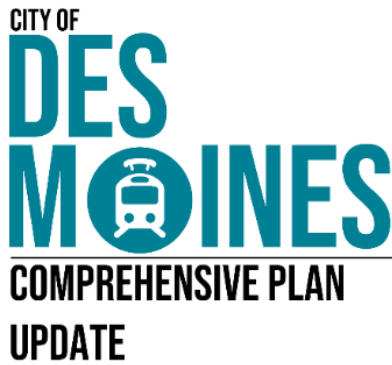
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# Comprehensive Plan and Housing Updates



**T**he City of Des Moines continues to make strides in completing the periodic update to the

**Comprehensive Plan**, which is required every ten years in accordance with the state's Growth Management Act.

Recently, the King County Affordable Housing Committee reviewed the draft Housing Element of the Plan and praised much of the work and policy development that has taken place, stemming from the efforts to produce and adopt a Housing Action Plan. The Committee also pointed

out some opportunities for the City to further align the draft with the County wide Planning Policies document.

Next, the City has contracted with the firm Fehr & Peers to perform the work necessary to update the Transportation Element of the Plan.

We want to ensure the Plan is based on the local community's needs and choices. Your voice is vital! Visit the project website at (<https://imaginedesmoines2044.com>) to submit your comments or to be notified of upcoming events.



**A** special thank you to those who joined us for the **Middle Housing Public Open House** on January 15! We appreciate these conversations and feedback as we work towards developing middle housing regulations for Des Moines.

Middle housing is defined as buildings that are compatible in scale, form, and character with single-family houses and contain two or more dwelling units. Middle housing types can include duplexes, townhouses, cottage housing, and others. The purpose is to create more homes for Washington by increasing middle housing in areas traditionally dedicated to single-family detached housing.

Visit the website ([desmoinesmiddlehousing.com](http://desmoinesmiddlehousing.com)) for more information about middle housing and to stay in the loop about outreach opportunities in Des Moines.

## CITY OF DES MOINES



**T**he City of Des Moines is working on implementing new **House Bill EHB 1337 - Accessory Dwelling Units (ADU)** in addition to Middle Housing Bill HB 1110. The purpose of HB 1337 is to expand housing options by easing barriers to the construction and use of ADUs.

An ADU is a dwelling unit situated on the same lot as a single-family home, duplex, triplex, townhome, or other housing unit. ADUs are referred to by various other names, including mother-in-law suites, backyard cottages, attached accessory dwelling units (AADUs), and detached accessory dwelling units (DADUs).

It is required by state law that cities and counties in Washington State update their ADU and Middle Housing regulations to comply with HB 1110 and HB 1337 by June 2025.

## Historical Society

[www.dmhs.org](http://www.dmhs.org)

The Des Moines Historical Museum's collection contains thousands of artifacts, images, and monographs. These objects and pictures describe historical events, work, entertainment, and everyday living from homestead days in the 1870's to the present.

The Museum is open the first Saturday of each month January-May and September-December. The museum is open every Saturday from Memorial Day through Labor Day.



# Join Neighbors Across Des Moines for BLOCK WATCH 101!

## What is Block Watch?

Block Watch is a neighborhood program comprised of a group of people living in the same area who want to make their neighborhood safer by working together and in conjunction with law enforcement to reduce crime and improve their quality of life.

## Why start a Block Watch?

Block Watch allows neighbors to look out for each other and keep an eye on their surroundings, which can help reduce crime in the area. It also, provides an opportunity for members of the community to come together and build relationships with one another.

The benefits of setting up a Block Watch are numerous: increased security, neighborhood camaraderie, improved communication between neighbors, and more:

- 1. Deter Crime:** The presence of active and engaged residents who are vigilant and observant can make criminals think twice before targeting an area. With more people looking out for each other, suspicious activity or criminal behavior is more likely to be reported.
- 2. Improved Relationships:** Block Watch encourages residents to work together for a common goal – the safety of their community. This can foster a sense of unity and trust among neighbors. Block Watch provide an opportunity to get to know the people around you—your neighbors.
- 3. More Awareness:** Members of a neighborhood watch tend to be more aware of their surroundings. They are likelier to notice suspicious activities or individuals and report them to law enforcement. It also encourages people to be more vigilant in their daily lives and stay aware of their surroundings, making the community safer as a whole.

One of the key benefits of setting up a Block Watch in your community is the peace of mind that comes from knowing that your neighbors are looking out for you and your family.

Is your neighborhood ready to get organized? Do you want more information on how to protect your neighborhood? Join CSO Tonya Seaberry for a citywide Block Watch Meeting.

## Block Watch 101

Wednesday, March 5th, 2025

6:30pm

Des Moines Police Department  
21900 11th Ave. S., Des Moines WA 98198

**RSVP:**  
tseaberry@desmoineswa.gov or (206) 870-7619ç

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# New Car Share Debuts at the Marina

**D**es Moines is the beneficiary of a new electric care share service thanks to a Washington State Department of Commerce clean energy grant won by local nonprofit ZEV co-op.

Located immediately behind the Harbormaster's office in the Des Moines Marina, the car share is open to any body who registers online at [zev.coop/membership](http://zev.coop/membership).

Des Moines Mayor Traci Buxton formally cut the ribbon on the new car share in late January, noting that it is the first of several new electric mobility initiatives to be introduced at the marina over the next several months.

"Des Moines is positioning ourselves as a leader in regional clean energy initiatives. Through grant-funded programs like this, we are preparing our community for the next generation of mobility, including; electric car shares, public charging stations, and electric passenger-only ferry service."



*Des Moines Mayor Traci Buxton stands ready to cut the ribbon on the city's new car share program. L-R: Peter Philips, Des Moines marina activation consultant, Ruthie Valentine, ZEV co-op, Mayor Buxton, Juien Thorn, ZEV coop.*

The ZEV co-op initiative is the first in a series of grant funded projects planned for the marina, including a public electric vehicle charging station at the northern

end of the marina which will be designed in such a way as to support future electric passenger ferries as well as shoreside vehicles and transit.



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# Minor Home Repair Services

The City of Des Moines is once again providing minor home repair services to City resident homeowners who have “extremely low” to “low” incomes based on the U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County.

## Services provided include, but are not limited to:

- Electrical – faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces
- Safety- installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets
- Other – faulty furnaces, faulty gutters, and roof leaks, broken window glass panes

## How do I apply?

Request an application by email to Tina Hickey, [thickey@desmoineswa.gov](mailto:thickey@desmoineswa.gov) or by calling 206-870-6535

## How do I qualify for these free services?

1. Be an owner/occupant within the Des Moines City limits for at least one year with no intention of selling in the next 12 months.
2. Have proof of home owner insurance and meet the HUD income guidelines for the program
3. Complete the application process



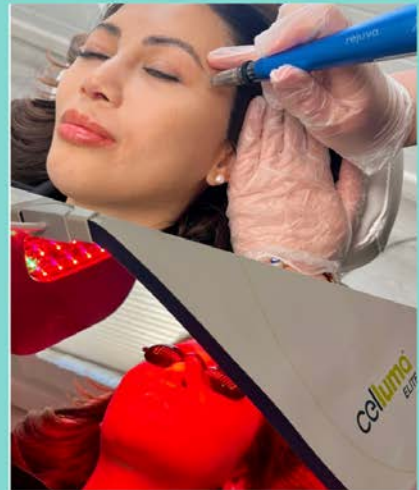
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## Parks & Recreation Programs at a Glance

### For Kids

- Club KHAOS Afterschool Care
- KHAOS Break Camps
- Tot Time Drop-In
- Youth Basketball Clinics
- Youth Open Gym - Basketball
- Youth Soccer – Spring
- Melanie's Dance Unlimited

### For Adults & Teens

- Good Manners – Basic Dog Obedience
- Basic Self Defense Class
- Market Basket Weaving Class
- Indoor Pickleball Drop-In
- Adult Open Gym – Basketball
- Youth Sports Sponsorships
- Hiring Soccer Referees

### Family Fun

- St. Patrick's Day Trivia Hunt
- Eggstravaganza

### Contact Us

- Phone: 206-870-6527
- Email: [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)
- Facebook: @desmoinesparksandrecreation
- Website: [www.desmoineswa.gov/registration](http://www.desmoineswa.gov/registration)
- Field House Address: 1000 S 220th St., Des Moines WA 98198
- Field House Office Hours: Mon–Fri 8am–4:30pm



## YOUTH ACTIVITIES

### Club KHAOS: Kids Having An Outrageous School Year!

Join our flexible afterschool care program based around your schedule for a school year of fun, friendships, and enrichment activities for your Des Moines Area Elementary Kiddos! Students are bussed from Des Moines, Marvista, Midway, North Hill, and Parkside Elementary Schools to the Des Moines Field House, where they are welcomed with a light snack and an afternoon full of activities. Participants must be picked up at the Field House before 6 pm or late pickup fees will apply. Pre-Registration is required, 3-5 day options available, you choose the days. Registration opens for upcoming month on the 20<sup>th</sup>, closes each week Monday at 8 am.

- Monday-Friday throughout the school year
- Monday-Thursday 3:45-6 pm; Friday 2:15-6 pm
- No Program Days\*:
  - March 14 (Conferences)
  - April 7-11 (Spring Break)
  - June 19 (Juneteenth)
- Prices: (Resident/Non-Resident)
  - One-Time Registration Fee: \$30/\$35
  - Daily Rate; \$23/\$28
  - Late Registration Fee: \$25 OR \$1/minute until pick up\*\*
- Location: Field House Studio

\*Program Dates & Times Subject to Change due to School District Schedules

\*\*If an unregistered student arrives at the Field House via bus for Club KHAOS, parents/emergency contacts will be notified immediately by phone and subject to a \$25 late registration fee in addition to the price of registering for the week, OR \$1 per minute until that student is picked up from the Field House.

## What You Need To Know

### WHERE TO FIND US

#### Des Moines Field House:

- 1000 S 220th St  
Des Moines, WA 98198
- Office Hours:**  
Mon-Fri, 8am-4:30pm  
Evenings based on Programming


#### Contact:

- (206) 870-6527
- [desmoineswa.gov/registration](http://desmoineswa.gov/registration)
- [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)


### HOW TO REGISTER

Online, in person, or by phone.  
Debit/Credit Card or Check only.

### PHOTO POLICY

 Photos of participants in any program or event may be used in future posts or publications or for promotion of City of Des Moines Parks, Recreation, and Senior Services activities.

### REGISTER EARLY!

 Programs that do not meet registration minimums are subject to cancellation. Participants in programs cancelled for low enrollment will be fully refunded



**FOLLOW US ON FACEBOOK**  
@DesMoinesParksandRecreation



**REFUND POLICY** Refund policy differs depending on type of program, time of year, and program fee schedule. Please visit [www.desmoineswa.gov](http://www.desmoineswa.gov) and follow the links through the Parks & Recreation Department, Registration Information, and Refund Policy for more information.





## KHAOS: Break Camps

This is your solution to not having time off when your child does! Break Camp at the Field House provides a warm, caring, and safe environment where friendships flourish and leadership skills blossom. We will facilitate enrichment activities including arts & crafts, games, homework help, and reading. Children stay active by participating in gym games and athletics, playing outside when weather permits. You send lunch, we provide nutritional snacks!

- **No School Days:** Registration opens on the 20<sup>th</sup> of the month prior
- **Program Dates:** Feb 14, Mar 14
- **Spring Break:** Registration opens March 20
- **Program Dates:** April 7-11
- **Times:** 8am-6pm
- **Ages:** Grades K-5
- **Prices:** Daily Rate \$45R/\$50NR
- **Location:** Field House Studio



## Indoor Tot Time

Keep your little ones active with exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available in the gym. Join in the fun and watch them make new friends along the way. We follow the Highline School District calendar, if elementary students are out of school on a Tuesday or Thursday, Tot Time is closed.

- **Days:** Tuesdays & Thursdays
- **Times:** 10am-12pm
- **Ages:** Crawlers-5y
- \$3.00 drop in, \$25.00 for 10-visit punch
- **No Program Days:**
- April 8, 10
- **LAST DAY** June 12, 2025 (resuming Sept. 2025)
- **Location:** Field House Gym

**Summer 2025**  
**CAMP KHAOS**  
**REGISTRATION OPENS MARCH 24TH**

**Dates: June 30 - August 29**

**Ages: 5-12**

**Keep an eye on our Registration Website for more info: [www.desmoineswa.gov/daysmart](http://www.desmoineswa.gov/daysmart)**

**Hiring Camp KHAOS Counselors!**

**Flexible Schedules!**

**\$16.77 - \$23.06 HOURLY**

**Des Moines Field House**  
 1000 S 220th St.  
 Des Moines, WA 98198  
 206-870-6527

**SEEKING RESPONSIBLE & ENTHUSIASTIC STAFF WHO ENJOY WORKING WITH KIDS**

Day Camp Staff help plan, implement and lead daily recreational activities and field trips for children ages 3-15 attending our full day camps. These are summer positions, generally lasting from late May through early September, with occasional opportunities for school year work as well. More information and full job descriptions can be found at:

[www.desmoineswa.gov](http://www.desmoineswa.gov)

## YOUTH ACTIVITIES



### Youth Basketball Clinics with Legacy Training

Coach Ricky Bell is back and ready to hit the court with your future stars! Legacy Training LLC offers grade-specific coaching with creative, age-appropriate, and engaging Basketball drills that will help build not only skills but confidence as well. Sign up at [www.desmoineswa.gov/daySMART](http://www.desmoineswa.gov/daySMART) today!

- Saturdays, April 5, 12, 19, 26
- \$50R/\$60NR for 4-week session
- 1st-2nd Grade 9-9:45am, Coed
- 3rd-4th Grade 10-10:45am, Coed
- 5th-6th Grade 11-11:45am, Coed
- Field House Gym

### Youth Open Gym - Basketball

Keep your basketball skills sharp by putting in some extra hours on the court with your parent, or setting up a pickup game with your friends. \*\*This time is designated for open gym use by individuals and their parents/guardians, not as extra practice time for teams or groups\*\*

- Mondays, 4:30-6pm (No Program Days: February 17, May 26)
- Ages: 5-17 w/ Adult Guardian
- Prices: \$3.00 drop in, \$25.00 for 10-visit punch pass
- Location: Field House Gym

### Youth Soccer League - Spring

Registration is closing soon! Run drills, build skills, and learn how to be a team player in our Youth Recreation Leagues! Volunteer Coaches lead teams in instructional practices and games to hone your young soccer player's skills. Practice and game schedules will depend on field and coach availability; practices will generally be one hour per week on a weekday evening between 4 and 7pm, and games will be Saturdays for one hour between 9am and 4pm. If you have a specific scheduling conflict, please submit a note with your registration and we will do our best to match you with a team that fits your schedule!

- Registration Open from: December 1-March 4
- First Week of Practice: March 31
- First Games: April 19
- Last Games: June 14 \*could vary based on cancelled or rescheduled games throughout the season
- \$95R / \$105NR
- Location: Field House Fields and local school sites

Coaches are always needed for our Youth Sports Leagues! If you are interested in coaching a team of your own, please reach out to us at [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov) for more information.

**Des Moines Parks & Recreation**

## SPONSORSHIP OPPORTUNITIES AVAILABLE

- Youth Sports Team Sponsorship
- Ballpark Banner Sponsorship

Advertise your business and support Recreation Programs & Scholarships at the same time! Sponsor a youth basketball or soccer team to have your logo on their jerseys, or work with us to get a 4'x8', full-color banner displayed at a local sports facility.

All information and forms can be found at [www.desmoineswa.gov](http://www.desmoineswa.gov) under Parks & Recreation and Sponsorship Opportunities.



### Melanie's Dance Unlimited

Join us to learn the art of dance in a positive, structured, and inspiring environment. Our teachers have a rare combination of professional performing careers and college educations in dance that bring our classes to life! Classes take place at the Field House Gym, Melanie's Dance Unlimited's highly qualified instructors vary based on class subject and availability.

For pricing, program information and online registration, visit [www.melaniesdancers.com](http://www.melaniesdancers.com)!



# Des Moines Parks and Rec Winter/Spring 2025



**Skyhawks Sports Academy** provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SPORT	DATE	DAY	TIME	AGE	LOCATION
HoopsterTots	1/22 - 2/12	Wednesdays	4:15 PM - 4:50 PM	2yr - 4yr	Field House Park - gym
Volleyball	1/23 - 2/13	Thursdays	4:00 PM - 4:45 PM	6yr - 12yr	Field House Park - gym
Multi-Sport Tots (Soccer & Basketball)	2/03 - 3/17	Mondays	10:00 AM - 10:35 AM	1.5yr - 2.5yr	Field House Park - gym
Multi-Sport Tots (Soccer & Basketball)	2/03 - 3/17	Mondays	10:45 AM - 11:20 AM	2.5yr - 3.5yr	Field House Park - gym
Multi-Sport Tots (Soccer & Basketball)	2/03 - 3/17	Mondays	11:30 AM - 12:15 PM	3.5yr - 5yr	Field House Park - gym
HoopsterTots	3/05 - 3/26	Wednesdays	4:15 PM - 4:50 PM	2yr - 4yr	Field House Park - gym
Volleyball	3/06 - 3/27	Thursdays	4:00 PM - 4:45 PM	6yr - 12yr	Field House Park - gym
Multi-Sport Tots (Soccer & Basketball)	4/14 - 5/19	Mondays	10:00 AM - 10:35 AM	1.5yr - 2.5yr	Field House Park - gym
Multi-Sport Tots (Soccer & Basketball)	4/14 - 5/19	Mondays	10:45 AM - 11:20 AM	2.5yr - 3.5yr	Field House Park - gym
Multi-Sport Tots (Soccer & Basketball)	4/14 - 5/19	Mondays	11:30 AM - 12:15 PM	3.5yr - 5yr	Field House Park - gym
1stDownTots	4/15 - 5/06	Tuesdays	4:15 PM - 4:50 PM	2.5yr - 4yr	Field House Park
Flag Football	4/15 - 5/06	Tuesdays	5:00 PM - 5:45 PM	5yr - 8yr	Field House Park
Flag Football	4/15 - 5/06	Tuesdays	6:00 PM - 6:45 PM	9yr - 12yr	Field House Park
HoopsterTots	4/16 - 5/07	Wednesdays	3:30 PM - 4:05 PM	2yr - 4yr	Field House Park - gym
Basketball	4/16 - 5/07	Wednesdays	4:15 PM - 5:00 PM	5yr - 8yr	Field House Park - gym
Basketball	4/16 - 5/07	Wednesdays	4:15 PM - 5:00 PM	9yr - 12yr	Field House Park - gym
Volleyball	4/17 - 5/08	Thursdays	4:15 PM - 5:00 PM	4yr - 7yr	Field House Park - gym
Volleyball	4/17 - 5/08	Thursdays	5:15 PM - 6:00 PM	8yr - 12yr	Field House Park - gym
1stDownTots	5/20 - 6/10	Tuesdays	4:15 PM - 4:50 PM	2.5yr - 4yr	Field House Park
Flag Football	5/20 - 6/10	Tuesdays	5:00 PM - 5:45 PM	5yr - 8yr	Field House Park
Flag Football	5/20 - 6/10	Tuesdays	6:00 PM - 6:45 PM	9yr - 12yr	Field House Park
HoopsterTots	5/21 - 6/11	Wednesdays	3:30 PM - 4:05 PM	2yr - 4yr	Field House Park - gym
Basketball	5/21 - 6/11	Wednesdays	4:15 PM - 5:00 PM	9yr - 12yr	Field House Park - gym
Basketball	5/21 - 6/11	Wednesdays	4:15 PM - 5:00 PM	5yr - 8yr	Field House Park - gym
Volleyball	5/22 - 6/12	Thursdays	4:15 PM - 5:00 PM	4yr - 7yr	Field House Park - gym
Volleyball	5/22 - 6/12	Thursdays	5:15 PM - 6:00 PM	8yr - 12yr	Field House Park - gym
Tennis	5/27 - 6/17	Tuesdays	4:45 PM - 5:30 PM	4yr - 6yr	Field House Park
Tennis	5/27 - 6/17	Tuesdays	5:40 PM - 6:25 PM	7yr - 10yr	Field House Park
Tennis	5/27 - 6/17	Tuesdays	6:35 PM - 7:20 PM	11yr - 14yr	Field House Park



**Register for your camp:**  
[register.skyhawks.com](https://register.skyhawks.com)

**Have any questions? Give us a call:**  
 Phone: 800-804-3509



Please note that any registrations with 5 days of the program start may be subject to a \$10 late-registration fee.



6170

# Des Moines Youth Summit

## FUTURE FORWARD HUSTLE & HEART

Saturday, May 3, 2025

11am - 4pm

Why Not You Academy  
22419 Pacific Highway South

Join us for an empowering, fun, and educational afternoon designed especially for youth in middle school and high school. Best of all, it's completely free to attend!

### What to Expect:

- **Dynamic Sessions:** Engage in inspiring and interactive workshops tailored to help you discover your potential.
- **Parent Session:** Parents are encouraged to join for a special session focused on supporting youth success.
- **Networking Opportunities:** Connect with peers, mentors, and community leaders.

Don't miss this incredible opportunity to move your future forward with hustle and heart!



Mark your calendars and bring your friends!  
For more information contact CSO Tonya Seaberry (206) 870-7619  
[tseaberry@desmoineswa.gov](mailto:tseaberry@desmoineswa.gov)



# KIDS SWIM FREE

FEBRUARY - AUGUST \*



## GOOD FOR

Family, Lap and Open swims, plus all Open days

See schedule page at [MtRainierPool.com](http://MtRainierPool.com) for more information

\* AGES 0-18  
THANKS TO A  
GENEROUS  
GRANT FROM

 King County

**PARKS**

Your Big Backyard



[www.MtRainierPool.com](http://www.MtRainierPool.com)



206.824.4722

22722 19<sup>th</sup> Ave S, Des Moines



## SPECIAL EVENTS

### St. Patrick's Day Trivia Hunt

Download your map today from our Facebook Page, you have one month to visit all of the listed parks and answer our themed trivia questions! Prizes will be awarded based on number of correct answers and each player is encouraged to fill out their own answer sheet. The more parks you visit, the more entries you will get in the drawing for grand prizes! Everyone who submits an answer sheet wins an item from the prize box!

- *Questions Posted in Parks: February 14*
- *Answers Due: March 14 at 4pm SHARP*
- *Winners Announced via Facebook: March 17*



### Eggstravaganza

Come out to the Beach Park Meadow for a leisurely and fun-filled egg hunt! There will be crafts, contests, prizes, and photo opportunities with the Bunny. Photos will be taken at this event and posted to the Parks & Recreation Facebook Page. Rain or shine, there will be plenty of eggs to find! Pre-registration and payment are required online, cost is \$5 per child which includes the egg hunt, prizes, photo ops, and refreshments for the whole family.

- *Saturday, April 19*
- *9am-10:30am*
- *Tickets: \$5/child, \$10 DAY-OF DEPENDING ON AVAILABILITY*
- *Beach Park Meadow: 22030 Cliff Ave S, Des Moines, WA 98198*

## ADULT ENRICHMENT



### Good Manners - Basic Dog Obedience

Jan Magnuson, owner of Sunstar Dog Training and Retired DMPD Animal Care and Control officer will teach you how to be a "Kind, Calm, Confident Pack Leader" for your puppy or dog. With three different class formats to choose from, your dog is sure to learn some new tricks—young or old!

**Starter Classes** are a one-time, 2-hour group class where you can get a head start on your training with basic commands, on-your-feet practice, and time for Q & A with Jan at the end.

- *Saturday, March 22, 1-3pm, \$45R / \$50NR*
- *Field House Gym*

**Good Manners 6 Week Classes** are small group classes on Wednesday nights from 6-7pm where you will work on creating a "Leadership Lifestyle" with your dog. Activities build upon the skills learned each week and give you plenty of time in-between to practice your skills at home. 6-week session is \$120R / \$129NR.

- *Spring A Session: April 2, 9, 16, 23, 30, May 7 - Session Currently Full - Call to be added to the wait list!*
- *Spring B Session: May 14, 21, 28, June 4, 11, 18*
- *Summer A Session: June 25, July 2, 9, 16, 23, 30*
- *Summer B Session: August 6, 13, 20, 27, September 3, 10*

Group classes can fill up months in advance so register early!

**Individual Trainings** are scheduled on a case-by-case basis, and can address persistent behaviors with your pet specifically, or just get you started with a new pet. Jan will tailor a training plan to your family based on information you provide to get you going in the right direction. Please email her at [sunstaramericanbulldogs@msn.com](mailto:sunstaramericanbulldogs@msn.com) for more information. Single 90-minute sessions cost \$250.

### Market Basket Weaving

Calling all basket weavers, no experience needed! Join us for a fun session and learn to weave a Market Basket for carrying only the freshest berries. This class is fun, easy to pick up, and open to all levels of basket weaving experience.

- *Saturday, March 8th*
- *11am-3pm*
- *Ages 16+*
- *\$65R, \$75NR*
- *Activity Center: 2045 S 216th St., Des Moines, WA 98198*





### Indoor Drop-In Pickleball

A close to home option to keep up your pickleball skills throughout the winter. Games are played to 11 and then everyone rotates off of the court in this open play setting. The wood basketball floor is used as the court surface with temporary line markers to designate the two courts.

- Tuesdays & Thursdays
- 12-1:30pm
- Ages 16+
- \$3.00 drop in, \$25.00 for 10-visit punch pass
- Field House Gym

### Basic Self Defense Class for Adults

This self-defense course begins with tactics for risk reduction and avoidance, followed by the basics of hands-on defense training. This is not a martial arts program, participants of all abilities are welcome. The program consists of seven hours of instruction with some time built in to practice your skills. There is a strict maximum of 12 participants so sign up early to reserve your spot!

- Saturdays, March 22nd & 29th
- 9am-12:30pm
- \$15 Participation Fee
- Ages 16+, \*Mature topics will be discussed; all participants under the age of 18 must be accompanied by an adult participant.



### Adult Open Gym – Basketball

Adult open gym basketball is a time to play pick-up basketball with other members of the community. Drop-ins welcome.

- Mondays
- 6:30-8pm
- Ages 18+
- \$3.00 drop in, \$25.00 for 10-visit punch pass
- Field House Gym

## VOLUNTEER COACHES NEEDED



Can you make a difference in the life of a young athlete? The answer is YES!

Join us in making our Youth Sports Leagues a meaningful experience for all. If you are interested in coaching, contact us for more info!

### YOU HAVE WHAT IT TAKES

- 2-4 hours per week during the season
- All supplies, schedules, facilities, and practice curriculum are provided
- There is one mandatory informational Coaches Meeting per season
- Practice schedules are flexible, we work with you and your team to find a time that is good for everyone
- We focus on player growth as a whole, on and off the field or court!

Call the Field House for more information: 206-870-6527

Kennedy Catholic High School

**JOIN THE LANCER FAMILY!**

[www.kennedyhs.org/admissions](http://www.kennedyhs.org/admissions)

**LEARN MORE**

# Programs, Activities and Services at The Des Moines Activity Center



**Des Moines Activity Center**  
**2045 S 216th Street**  
**Des Moines, WA 98198**

**Main: (206) 878-1642 or (206) 870-9370**

## DMAC Office Hours

**Monday–Friday: 9:00am–5:00pm**

**During periods of inclement weather, we reserve the right to cancel trips and activities. Additional information found on City of Des Moines webpage at [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior)**

## Closures

- **Monday, Feb. 17: Presidents' Day**
- **Monday, May 26: Memorial Day**
- **Thursday, June 19: Juneteenth**
- **Friday, July 4: Independence Day**

**Additional information found on our City of Des Moines webpage at [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior)**

## Refund/Cancellation Policies for Trips and Classes

**Cancellations for any fee must be made at least three (3) business days prior to the start of the trip or class for full refund. Program fees will be nonrefundable to registrants if canceled less than three (3) business days prior to the start of the trip or class. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays.**

## What's Happening! Senior Community Events

### Meal Service at the Activity Center

Join us at the Des Moines Activity Center to enjoy a warm, nutritious meal in the company of friends! Hot lunches are available every Monday through Wednesday, with meals served from 12:00 p.m. to 12:30 p.m. (lunch hours are from 12:00 p.m. to 1:00 p.m.). A suggested donation of \$4.50 per meal is greatly appreciated, as it helps support the expansion of meal services in the future. Explore our current menu by visiting [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior).

### Meals on Wheels

If you need additional food support, Meals on Wheels provides nutritious meal delivery at no cost for people ages 60-plus who qualify. The Senior Center operates this program in coordination with Sound Generations. To sign up or to volunteer, visit [soundgenerations.org](http://soundgenerations.org).

## Stay Tuned for Exciting Events at the Des Moines Activity Center!



We're excited to announce a variety of upcoming events:

- **Free Parenting Seminar**  
This free seminar, designed to empower and inspire parents, offers valuable tips and insights to support your parenting journey.
- **Parenting Sessions**  
Engage in in-depth parenting classes offering expert guidance and practical tools to navigate parenting challenges.
- **Family Cooking Adventure**  
Join us for a fun and interactive cooking experience for families! This hands-on class will focus on creating simple, healthy, and delicious recipes.
- **Tax Return Assistance**  
We may offer tax return assistance at the center this season.

Pricing and dates for these events are coming soon!



## New at the Center

### Crocheting / Knitting Group

Join us every Friday at 11:00 a.m. for our Crocheting/Knitting Group! Bring your projects, relax, and enjoy the company of others as you work on your favorite craft. It's the perfect way to share tips, swap ideas, and make new friends while doing something you love

### Lifelong Learning Lecture Series

The Lifelong Learning Lecture Series celebrates the idea of lifelong learning by inviting professionals from our community to share their expertise. For February, join us on February 28, 2025, from 2:00 p.m. to 3:30 p.m., as Cynthia Zink, Grief Group Facilitator, leads a session on understanding grief, its stages, and finding support. Stay Tuned...!

- **March:** Our local police will give a lecture on scams and provide essential tips for keeping you and your loved ones safe.
- **April:** Kristina Saelee, a published author, will share valuable insights on how to Support Your Parent with Dementia.
- **May:** Join environmental educator Alexandria Johnson to explore our local ecosystem, learn about its resources, and discover actionable ways to protect it.

Tickets are just \$8—call now to reserve your spot before they're gone!

### Spring Garden Embroidery Class

In this hands-on embroidery class with Christina Blackwell, owner of Indigo Crow Studio, you can create your own spring-inspired masterpiece.

- *Dates not currently available, please call 206-878-1642 for more information.*
- **Cost: \$60 per person or \$50 each for groups of 4+**
- *All ages are welcome!*

### Man Talk: Group Session for Men's Issues

Join us for Man Talk, a supportive group session for men (18+) to openly discuss issues like relationships, stress, and careers. These sessions will feature guided relaxation techniques and peer discussions led by Serge Timacheff, CHt, a licensed hypnotherapist.

- *Date: Feb 26, Mar 12 & 26, Apr 23, May 7 & 14*
- *Time: 6:00 PM*
- *Cost: \$15 per session (Free for firefighters and police personnel)*



### Beginner Guitar Lessons

Learn to play the guitar with Serge Timacheff, an accomplished musician who regularly performs across the region. This beginner-friendly class covers tuning, basic chords, strumming techniques, and simple songs in various styles.

- *Dates: February 26, March 12 & 26, April 23, May 7 & 14*
- *Time: 4:00 PM*
- *Cost: \$100 for six sessions or a \$20 drop-in fee.*

Requirements: Participants must bring their own guitar. If electric, please bring a small amp and cable.

### Canvas of Possibility

A Free Creative Art Experience. Explore your creativity at Canvas of Possibility!

- *Date: February 21*
- *Time: 2:00 PM – 4:00 PM*
- *Join artist Virginia for a two-hour experience featuring:*
- *Create three small masterpieces to take home.*
- *Collaborate on a community painting.*
- *Enjoy a fun, worry-free creative space.*
- *Free Admission – All Ages Welcome! Note: A parent or guardian must accompany children under 14.*

### Senior Self-Defense Class

Learn essential self-defense skills in this empowering class taught by Tonya Seaberry, the Des Moines Police Department's director and community service officer. With over 25 years of experience in community outreach and crime prevention, Tonya provides expert guidance to help you gain confidence, improve awareness, and stay safe.

- *Dates: April 9–11, 2025*
- *Time: 2:00 PM – 3:30 PM*
- *Cost: Free*

This nine-hour course lasts three days and is tailored specifically for seniors. Space is limited, so call to register today!

### March Nature Craft Session

Get creative with nature at our Pressed Flowers and Natural Paint session! This hands-on workshop is perfect for people of all ages who want to explore their creativity while connecting with the beauty of nature. Admission is free, and everyone is welcome. Come join the fun and make something beautiful! Dates not currently available, please call 206-878-1642 for more information.

## Day Trips

Explore the Northwest and leave the driving to us! Age 50+ and travel days vary. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operate alongside school closures and delays. Please note that a minimum of five participants is required for each trip to proceed. **\*\*All sales final, no refunds on advance ticket purchases.**

### White River Valley Museum \*Please note new date\*

Discover the White River Valley Museum for an intimate look at our regional heritage.

- Date: March 21, 2025
- Time: 10:00am
- Cost: \$15.00



### Pacific Bonsai Museum

We create opportunities to experience the powerful presence of bonsai and be moved to cultivate a more intentional relationship with nature. Through the presentation of thought-provoking exhibitions that embrace innovation as well as tradition, Pacific Bonsai Museum engages a diverse community and serves as a living repository of cultural heritage.

- Date: May 8th
- Time: 10:30am
- Cost: \$20.00

### Flying Heritage & Combat Armor Museum, Everett

Explore an incredible vintage military aircraft, tanks, and combat armor collection. Then, enjoy a no-host lunch at Topside Bar & Grill.

- Date: March 26
- Time: 8:30 AM – 4:00 PM
- Cost: \$50

### Lemay Car Museum

LeMay-America's Car Museum, a member of America's Automotive Trust, is an international destination for families and auto enthusiasts to celebrate America's love affair with the automobile and learn how it shaped our society.

- Date: April 15, 2025
- Time: 10:30am
- Cost: \$37.00

### Watsons Greenhouse

Watson's grows the majority of the annual plants, planters and hanging baskets they sell. Watson's is always striving to offer the best quality plant material and customer service possible.

- Date: May 13, 2025
- Time: 11:00am
- Cost: \$15.00



### Amazon Spheres

People have an innate connection to nature, which is often lost in the urban environment. The Spheres were created to reconnect people to nature through biophilic design and provide a space to take in the positive effects of exposure to nature, like increasing creativity and reducing mental fatigue. Each plant inside The Spheres was chosen from the Amazon Plant Collection and is expertly cared for by members of Amazon Horticulture.

- Date: Saturday April 5th
- Time: TBD
- Cost: \$25.00



### Skagit Valley Tulip Festival

The festival is centered around the blooming of millions of tulips in the area's fields, which create a colorful display of flowers in various hues and shapes. Then enjoy a no-host lunch before driving home

- Date: April 22
- Time: 9:00am
- Cost: \$45.00



### Snoqualmie Casino

Snoqualmie Casino & Hotel features 1,700 of your favorite state-of-the-art slot machines, 58 classic gaming tables including Baccarat, Fortune Pai Gow, and Roulette to name a few, and award-winning dining venues sure to please.

- Date: May 19th
- Time: 10:00am
- Cost: \$15.00



## Out to Lunch

**Ages 50+.** Enjoy a no-host lunch at new and old favorite eateries around the Sound. All lunch/dinner outings will be considered as walk-ins and may or may not be seated in a group setting. May be subject to restaurant's automatic gratuity charge. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operate alongside school closures and delays. **\$15 transportation fee.**

Estimate of entrée and/or appetizer, exclusive of drinks and tips. Please review restaurant menu.

\$ = \$25 and under    \$\$ = \$25 to \$40    \$\$\$ = \$40 to \$55    \$\$\$\$ = \$55 and over

### Woven Seafood and Chophouse, Tacoma \$\$-\$\$\$

- Wednesday, February 26
- Time: 10:15 am – 2 pm
- Menu: <https://eatwoven.com/menus/>

### The Stonehouse Café, Seattle \$-\$\$

- Wednesday, March 19
- Time: 9:45 am – 2 pm
- Menu: <https://thestonehousecafe.com/seattle-the-stonehouse-cafe-food-menu>

### Dukes Seafood Restaurant- Tacoma \$\$-\$\$\$

Duke's Chowder House is a must visit on the Tacoma waterfront. The clam chowder is award winning and their Fish 'n' Chips is always delicious.

- Monday, April 7th, 2025
- Time- 11:45am departure
- <https://www.dukesseafood.com/locations/tacoma/>

### Fireside-Burien \$\$

Pull up a chair at the bar or find your nook by the fireplace and share a story over a drink and a hot plate with someone you love.

- Friday, April 25, 2025
- Time- 11:45 departure
- <https://firesideburien.com/>

### Olive Branch Café and Tea Room, Tacoma \$\$-\$\$\$

Share a pot of tea, scones, and mini sandwiches with friends.

- Thursday, May 15th, 2025
- Time: 11:30 departure

### Claim Jumper- Tukwila \$\$

Family-friendly eatery & bar known for a wide American comfort-food menu & Western-themed environs.

- Friday, May 30th, 2025
- Time: 11:30 departure

**Our Surface Water Flows Directly To Puget Sound.**

This map shows paths that pollutants could feasibly take through the stormwater system and into Puget Sound.

**Illicit Discharge:**  
Illicit Discharge Detection and Elimination (IDDE) refers to the unauthorized release of pollutants into our waterways, often through storm drains. This can include anything from oils, paint, and chemicals to household waste. These discharges could be a detriment to local ecosystems, property, and public health.

**Reporting:**  
It is important to report any illicit discharge you encounter quickly in order to minimize the harm done. Call or email Casey Zaputil at (206) 742-8109 or [czaputil@desmoineswa.gov](mailto:czaputil@desmoineswa.gov) to report any incidents or ask any questions!

**Help us create the 2025 Stormwater Management Plan!**

Each year, the Surface Water Management Plan (SWMP) is updated to help prevent stormwater pollution from entering our local streams and the Puget Sound.

**What is Stormwater?**  
Stormwater is rain and snowmelt that runs off surfaces such as rooftops, paved streets, highways, and parking lots. As the water runs off these surfaces, it can pick up pollutants such as oil, fertilizers, pesticides, soil, trash, and animal waste. From there, the water may flow directly into a storm drain and continue through storm pipes until it is released, untreated, into a local waterway.

To read this year's draft of the SWMP, follow the QR code below! If you have any comments or concerns, please share them with your surface water manager

**Tyler Beekley, P.E.**  
Surface Water & Environmental Manager  
206-870-6869  
[tbeekley@desmoineswa.gov](mailto:tbeekley@desmoineswa.gov)  
21650 11th Ave S Des Moines, WA 98198

[www.desmoineswa.gov](http://www.desmoineswa.gov)

## Ongoing Activities

Ongoing activities are at no cost. Donations are accepted.

### The Fun Zone

Relax, create, and socialize at The Fun Zone! We're open Monday to Friday from 9:00 a.m. to 5:00 p.m. Discover a variety of crafts, puzzles, games, and more in a friendly environment where you can spend time with friends or meet new people. And the best part? It's completely free! We always welcome office supplies, puzzles, games, or craft materials donations. Come join us and turn every visit into a new adventure!

### Fresh Coat Tuesdays

Add a little color to your week every Tuesday from 2:00 p.m. to 3:00 p.m.! Explore vibrant nail polish shades, trendy designs, and all the tools you need to create your masterpiece. With new inspirations every week, it's free, it's fun, and it's your time to shine. Just bring your creativity (and your own clippers and files). Donations are always welcome to keep the vibes polished and bright!



### American Mahjong

Join us for American Mahjong every Wednesday from 12:00 p.m. to 2:00 p.m. Whether you're an experienced player or just learning the game, enjoy a friendly and fun afternoon of strategy and connection. It's free, so bring your enthusiasm and join the table!



### Adult Coloring & Painting Club

Unwind, get creative, and connect with friends! Join us every Tuesday from 10:00 a.m. to 11:00 a.m. at the Des Moines Activity Center for an hour of coloring and painting at your leisure. Supplies, including coloring books and pages, are provided.

### Hand and Foot

Play your cards right every Monday at the Des Moines Activity Center from 11:00 a.m. to 2:00 p.m. with Hand and Foot, a classic and exciting card game! Whether you're a seasoned player or new to the game, all are welcome. No partner? No problem! Drop in for fun, strategy, and great company.

DES MOINES POLICE DEPARTMENT

## Registration is now open for the 2025 Spring Community Academy

Bridging the gap between Law  
Enforcement and Community.

#### Details:

- This will be a one week academy
- Monday, March 24th - Friday, March 28th.
- Each session will start at 6pm and end at 9pm.
- COST: FREE
- Space is limited so register today!

#### Requirements:

- Be at least 18 years old.
- Must live, work or attend school in the City of Des Moines.
- Have no felony or recent misdemeanor convictions.
- Commit to attending all sessions.



For more information contact CSO Tonya Seaberry  
(206) 870-7619 or [tseaberry@desmoineswa.gov](mailto:tseaberry@desmoineswa.gov)

To Register go to: <https://desmoineswa.gov/academy>



## Health and Fitness

During periods of inclement weather, we reserve the right to cancel classes and activities. Please listen for the Highline School District report as we operation alongside school closures and delays.



### EnhanceFitness

Energize your week with Enhance Fitness! This dynamic class, which costs just \$25 for a four-week series or \$7 per drop-in, combines cardio, strength training, and flexibility exercises to improve health and vitality.

- Mondays
- 9:00am-10:00am



### Tai Chi

Join instructor John Lindsay for a class that combines health-enhancing exercises focused on fun and longevity. This course features both Introductory and Continuation Levels, introducing students to fundamental Tai Chi movements and the 24-pattern sequence. The focus is on gentle, flowing movements that promote balance, strength, and vitality without impact. Please wear comfortable, loose-fitting clothing. Come experience your first class for free; what are you waiting for?

- Tuesdays & Thursdays 1:00pm-2:00pm
- February 4 - February 27 • March 4 - March 27
- Cost: \$60, 4 weeks, 8 classes



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## Health & Social Services

All services are at no cost unless stated.



### Foot Care

Take care of your feet with our Foot Care services, available every Thursday from 9:00 a.m. to 1:00 p.m. Appointments are 30 minutes long and cost \$40. They offer personalized care to keep your feet healthy and comfortable. Our skilled provider will help with nail trimming, callus care, and overall foot health in a relaxing and welcoming environment. Call DMAC today to schedule your appointment and give your feet the attention they deserve!

### Senior Community Health Screening (POCAAN)

Take charge of your health with free Senior Community Health Screenings every second Monday from 10:00 a.m. to 1:30 p.m.! Services include vital checks, glucose testing, and nutritional assessments. Need a medication review? Please give us one week notice so we can notify the POCAAN team.

### Medical Lending Closet

A medical lending closet is a valuable community resource that provides essential medical equipment to individuals in need, free of charge. Our closet offers a wide variety of items, including walkers, shower chairs, wheelchairs, and commodes, ensuring that people facing temporary or long-term mobility or health challenges have access to the tools they need for daily living. All items are loaned out at no cost, although donations are graciously accepted to help us maintain and expand this service. Whether recovering from surgery, managing an illness, or supporting a loved one, the medical lending closet is here to provide support and make life a little easier.

### Caregiver & Grief Support Group

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary.

- Every 2nd and 4th Tuesday of the month
- Time: 11 am – 12 pm



### Des Moines Elder Law

Need legal guidance? Join us every third Thursday from 10:00 a.m. to 11:30 a.m. for expert advice on wills, powers of attorney, living wills, trusts, estate planning, community property agreements, and probate. Appointments are required. Call DMAC today to schedule yours and gain peace of mind about your future plans.

### Statewide Health Insurance Benefits Advisors (SHIBA) Services

Need assistance with Medicare? Our knowledgeable SHIBA volunteer is available every third Monday from 9:00 a.m. to 12:00 p.m., offering free, unbiased guidance to ensure you have the information you need to make confident decisions.

## Volunteer Opportunities

The success of The Activity Center is made possible by the dedication and support of our incredible volunteers. We offer a variety of opportunities for community members to get involved and make a meaningful impact. Roles include assisting in the kitchen, setting up the dining room, serving as a lunch host or hostess, supporting our special events team, and much more. Volunteering not only enhances the programs and services we provide but also fosters a sense of connection and purpose. To learn more about how you can contribute, please contact us at (206) 878-1642. Your time and talents can make a difference!



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# Car Wash Kits Are Available!

Hosting a charity or fundraiser car wash? You will need a car wash kit to prevent runoff of **oil, tire dust, heavy metals,** and other **contaminants** from entering our stormwater system!



You can check out a car wash kit from the City by contacting **Casey Zaputil** at **(206) 742-8109** or **[czaputil@desmoineswa.gov](mailto:czaputil@desmoineswa.gov)**

# COMMUNITY SHREDDING EVENT!

BROUGHT TO YOU BY THE DES MOINES/NORMANDY PARK SENIOR ADVISORY COMMITTEE



DATE: WEDNESDAY, APRIL 23RD



TIME: 10:00 AM - 2:00 PM



## ACCEPTED ITEMS

- File folders
- Envelopes
- paper

(staples Accepted): receipts, bills, bank statements, canceled checks

## NOT ACCEPTED

- Cardboard
- Newspaper
- Boxes
- X-rays
- plastics



PLEASE NOTE THERE IS A MAXIMUM LIMIT OF 10 FILE-SIZED BOXES OF PAPER PER PERSON

**THIS EVENT IS OPEN TO ALL RESIDENTS OF DES MOINES**

DES MOINES ACTIVITY CENTER



2045 S 216TH ST, DES MOINES, WA

(206) 878-1642

